



News

Washington, D.C.-based Army Communities of Excellence Team to visit Mountain Post in January.
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Holiday hours

Check out the extensive listing of holiday hours and events for Christmas and New Year's including listings for Army and Air Force Exchange Service and Directorate of Community Activities.
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Happenings



Can't get home for the holidays? Consider starting a new tradition right here in Colorado.
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Severe weather hotline

Fort Carson community members can check reporting times and post closure status by calling the severe



Photo by Spc. Jerry L. Leque
Sergeant 1st Class David Holton, 10th Special Forces Group (Airborne), looks for orange markers indicating the drop zone at Fort McCoy, Wis. in early October. Locating the landing site is one of the tasks the student jumpmasters must complete to graduate.

10th SFG(A) jumpmaster course

by Spc. Jerry L. Leque and
Spc. Moses M. Mlasko

10th Special Forces Group (Airborne)
The 10th Special Forces Group (Airborne) recently concluded a three-week U. S. Army Airborne Jumpmaster Course with a graduation ceremony held Oct. 15.
The jumpmaster course is held annually by the 10th SFG(A).
This course certifies officers and noncommissioned officers to be qualified jumpmasters, which is paramount to the special forces mission. All operational detachment alphas are required to have key leaders jumpmaster-qual-

ified to enable the unit to complete part of its combat role.
The ODA is the heart of special forces. It is a 12-person detachment with at least five specialty areas geared to work independently or with other forces for prolonged periods of time.
The jumpmaster is responsible for ensuring all soldiers on the ODA safely exit the aircraft during an airborne operation and are jumping in the right location.
Warrant Officer William Senn, this year's jumpmaster course officer in charge, said he considered the course to be a great success.

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Commanders



Riggs

“If all do their small part, we can achieve anything.”

In the past year, the Fort Carson community has received much support from the local community. Monetary donations have helped in the restoration of Soldiers’ Memorial Chapel. The Pikes Peak or Bust Rodeo Association donated proceeds from its annual rodeo to programs like Army Community Service and United Services Organization. The United Armed Forces Association donated 300 turkeys to the Mountain Post, giving hundreds of our families even more to be thankful for.

On Nov. 6, it was the Mountain Post’s turn to return the favor.

The Fort Carson community pulled together during the Combined Federal Campaign to raise 112 percent of our goal. The campaign, which ran from Sept. 25 to Nov. 6, raised more than \$400,000 to be dispersed to various local, national and international charitable organizations. The \$429,057 raised was well above our \$380,000 goal.

Regardless of which charitable organization we choose to donate to, our contributions will enhance the lives of many, help fund research to cure diseases or even prevent children from going to bed hungry.

Additionally, the money raised will be used by the Pikes Peak Region CFC to assist our soldiers, sailors, airmen, Marines, Department of Defense civilian employees and their families. Agencies like the American Red Cross, United Way, United Services Organization, ACS and Child and Youth

Services are using the donations to help those who find themselves in emergency situations or in need of assistance.

It’s very impressive to see members of our community, some of whom struggle to make ends meet in their own lives, find a way to spare money for the CFC to help someone less fortunate than themselves. Units and directorates will be recognized for their contributions at a CFC award ceremony 11 a.m. today at Elkhorn Conference Center.

The money graciously donated by members of the Mountain Post community was a small way to help make the world a better place. If all do their small part, we can achieve anything. Thanks to all who donated for your generosity to others and selfless service to our nation.

Proud to serve!

Major General John. M. Riggs
Commanding General

Fort Carson holiday light policy

Fort Carson’s energy management efforts are directed toward elimination of wasteful consumption of all forms of energy. Funds saved through the elimination of utility waste remain here for training support and quality of life projects.

The following policies are established for units, activities and quarters areas for the 1998 holiday season:

Exterior lighting will only be authorized on the trees outside of the post headquarters building, family housing and chapels. Other exterior electrical decorations are not authorized.

With the recognition that we are using training and taxpayers’ money to pay these extra utilities costs, an extra effort should be made to avoid

excessive use of exterior lights.

Exterior electrical decorations will be turned on not earlier than dusk and off not later than 11 p.m., except on the specific holidays — Dec. 24, 25 and 31 and Jan. 1 — where they can remain on until 1 a.m.

All holiday decorations were authorized beginning Nov. 26 and must be taken down not later than Jan. 4.

Your understanding and cooperation during this festive season is appreciated.

This policy supersedes that detailed in the Post Housing Guide.

Have a safe and happy holiday season.

Colonel Michael J. Kazmierski
Garrison Commander

Town meeting focuses on community issues

by Nel Lampe
Mountaineer staff

Community members gathered in Elkhorn Conference Center Nov. 18 for the Fort Carson town meeting.

Garrison Commander Col. Mike Kazmierski addressed the avenues community members can use to get action without waiting for the town meeting to get a resolution to a question or problem.

Managers of facilities should be contacted about issues pertaining to the facilities, or customer comment cards used. The chain of command can be contacted.

Housing issues can be addressed by calling the contractor, Madison, at 576-6819. Problems can be solved through the community mayors. Questions about the post exchange or commissary may be addressed through the Mountain Post Action Council. The Criminal Investigation Division can be reached at 526-3991 or the Inspector General can be reached at 526-3900. The commanding general’s Boss Line is 526-2677. And the next town hall meeting is April 21.

Kazmierski briefed significant

See Town Page 4

Road to honor

Allworth Court
Located in
Apache Village
Housing Area off
of Harp Avenue

Named for: Capt. Edward C. Allworth,
Medal of Honor winner

Conflict: World War I

Date of action: Nov. 5, 1918

Location of action: Clery-le-Petit,

This feature in the Mountaineer highlights Medal of Honor winners and the Fort Carson landmarks dedicated to them.

Citation: “While his company was crossing the Meuse River and canal at a bridgehead opposite Clery-le-Petit, the bridge over the canal was destroyed by shell fire and Capt. Allworth’s command became separated, part of it being on the east bank of the canal and the remainder on the west bank. Seeing his advance units making slow headway up the steep slope ahead, this officer mounted the canal bank and called for his men to follow. Plunging in, he swam across the canal under fire from the enemy, followed by his men. Inspiring his men by his example of gallantry, he led them up the slope, joining his hard-pressed platoons in front. By his personal leadership, he forced the enemy back for more than a kilometer, overcoming machine-gun nests and capturing 100 prisoners, whose number exceeded that of the men in his command. The exceptional courage and leadership displayed by Capt. Allworth made possible the re-establishment of a bridgehead over the canal and the successful advance of other troops.”

Installation gate hours

All gates on Fort Carson are open from 4 a.m. until 11 p.m. daily. Three gates are open 24 hours:

- Main gate (Gate 1) off Highway 115, which leads to the Headquarters Building;
- B Street gate (Gate 4), which is an exit off Academy Boulevard; and
- Gate 20, which leads from the banana belt area over I-25 to the city of Fountain.

MOUNTAINEER

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Military Editor:
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News

ACOE team visits in January

by Fort Carson Quality and Reinvention Team

The Mountain Post will receive a visit from the Washington, D.C.-based Army Communities of Excellence Team Jan. 11 to 14, and the President's Quality Award Team Jan. 19 to 22.

The teams, comprised of soldiers and civilians from various agencies, will clarify and verify the information Fort Carson placed in its 1999 Army Communities of Excellence and President's Quality Award submissions.

The teams will interview members of the Mountain Post Team (soldiers, employees, family members, contractors, managers and senior leadership) and review documents during the four-day visit.

Both the ACOE and PQA programs are a commander's self-assessment process, which is broad enough to accommodate a variety of approaches that can be tailored to any organization, command or installation. They are programs that encourage ideas and initiatives.

The programs are designed to change the thinking from "minimal essential" to "maximum possible" philosophies in providing support to all community members. Soldiers are deserving of nothing less than excellence; they are entitled to

a quality of life commensurate with that of the society they are sworn to defend. Authority and responsibility must be pushed down into the organization. Competition must be promoted and winners celebrated.

Fort Carson is among 29 finalists selected from a field of 99 for the 1999 ACOE Award and 10 of 26 for PQA. The site visits for all finalists will be completed by Feb. 28. The results of the site visit will be forwarded to the panel of judges with winners announced in April.

Fort Carson was the Commander in Chief's 1998 ACOE winner, which brought in \$500,000 for quality of life enhancement projects. Fort Carson also was awarded the President's Quality Award for Achievement this year. This is the first time a FORSCOM installation has ever won the CINC award or been recognized for PQA



achievement. This year, Fort Carson is competing for the Chief of the Staff Army Award for \$200,000. (The ACOE rules changed in fiscal 1996 disallowing repeat CINC winners two years in a row.)

As the Army strives to meet strategic responsibilities in the years ahead, the ACOE and PQA programs will assume greater significance. They make an unambiguous contribution to the single over-arching characteristic that must be the Army's hallmark through this decade and into the

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COMMUNITY

Town

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issues that had been addressed during the past year, such as payments in arrears on privatized housing, pavilions and swing sets added to housing areas and parking lots at Beacon and Abrams schools were upgraded as were roads in the housing areas.

New construction projects included the new barracks and new child care center.

Several projects are on the list for the Army Community of Excellence award of \$500,000.

Proposed projects include:

- constructing roller hockey rinks;
- automatic doors at the commissary and refill pharmacy;
- expanding the outdoor pool to include a “kid-die” pool;
- air-conditioning for the library;
- adding sod and improving irrigation at the Ironhorse Park main pavilion;

- adding playground equipment for the child and youth services center;
- procuring a 25-passenger van for Information, Tour and Travel use; and
- constructing a hard surface track at Ironhorse Park for rollerblades.

If there is enough money, other possible projects might be “youth at risk” programs; computers for the library; a pavilion for each major subordinate command; benches outside the post exchange and commissary; drinking fountains in ball parks; replacing dead trees on post; replacing old playground equipment in Ironhorse Park, and civilian leadership programs.

Future construction projects were briefed, such as update of the lobby and latrines at McMahon Theater and Christopher’s, community development, new warehouse and rail upgrades and the status of family housing privatization.

Questions were fielded about storage sheds in senior enlisted housing, increase in day care fees and the timing; escape ladders for the second floor

in post housing, fall cleanup, vandalism problems, quality of air in the bowling center, and post decals.

Commanding General Maj. Gen. John M. Riggs addressed the crowd following the open forum. He pointed out that the affordable housing project is an extremely large project drawing a lot of interest around the country.

Riggs said Fort Carson exists to maintain trained and ready forces, and the recent training of 5,000 troops at Pinon Canyon and National Training Center went well, with no fatalities.

Riggs said Fort Carson probably has the lowest fees for child care of any facility in the Department of Defense.

Video of the town meeting will be shown on the command channel 10, following the news at 7 a.m., noon, 7 p.m. and midnight, today and Monday through Dec. 11.

The next town meeting is scheduled for April 21, in Elkhorn Conference Center.

Community

SMC's stained-glass windows on their way to completion

SMC's stained-glass windows on their way to completion

by Pfc. Socorro A. Spooner
Mountaineer staff

Soldiers Memorial Chapel has had its share of panes to deal with like the Abraham and Isaac window, the Good Shepherd window and Daniel's window.

Currently, SMC's stained-glass window panes are being restored to their original look with the help of husband and wife artists, Michael Greer and Dani Greer. The Greers who own and operate Greer Gallery and Studios work mostly on fine custom stained glass and kiln-fired glass paintings, but made an exception to restore the panes from SMC.

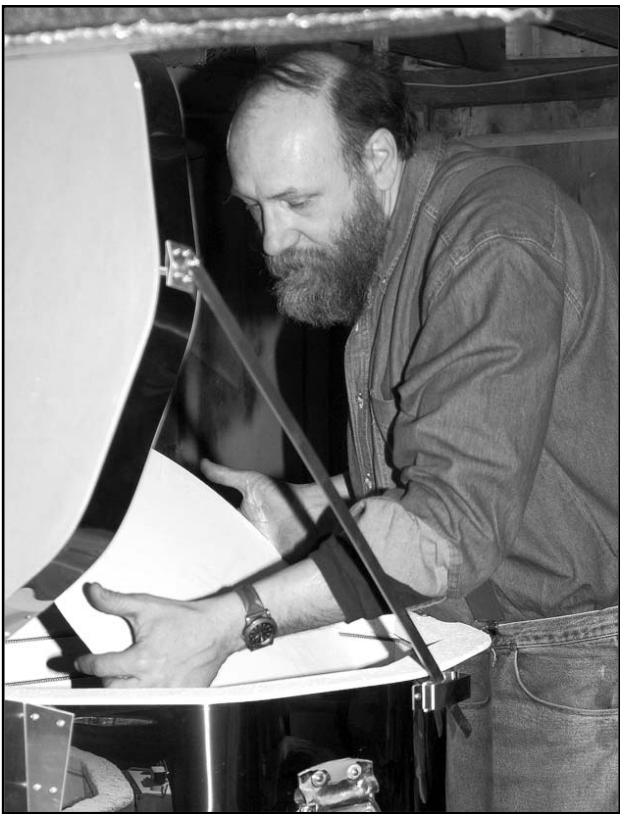
We were first asked to come in to look at panes in January, and we weren't really interested (in doing the restoration), said Dani.

It took a lot of convincing from Dani's parents who attended services at SMC and encouraged them to rethink their decision. So with lots of discussion, the Greers decided to take the job.

The Greers began the tedious task of restoration in September. They first had to go to the chapel and determine the condition of the window panes. It took them around three



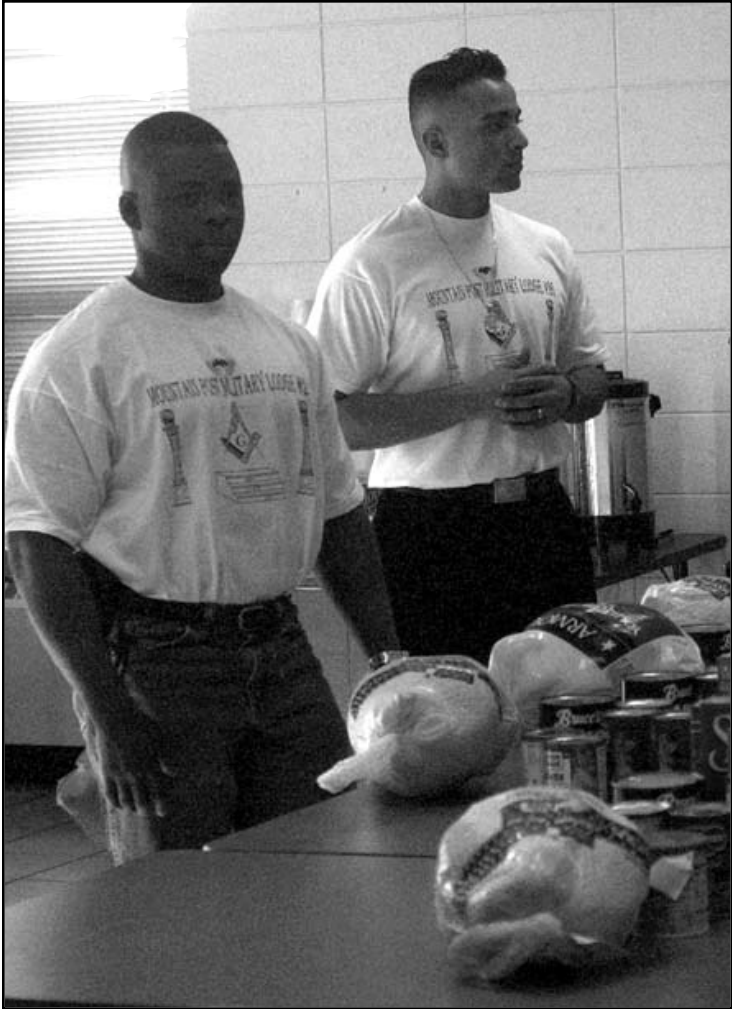
These "cartoons" are being used to assist the artist in the restoration of the damaged window panes at SMC.



Photos by Pfc. Socorro A. Spooner
Michael Greer uses a kiln to fire a window pane from SMC.

weeks to determine damage, take pictures and begin to remove panes to begin the process of restoration, said Dani.

Once in the Greers' studio the panes had to be treated with special chemicals in order to be cleaned from all of the soot caused by the chapel fire, said Dani. Some of the panes needed more work than others because of



Photos by Pfc. Socorro A. Spooner



Photos by Pfc. Socorro A. Spooner

Gobble, Gobble

Above left: Seargant Lewis Petteway, Welcome Center, left and Staff Sgt. George Ortega, 3rd Armored Cavalry Regiment, help to distribute more than 45 Thanksgiving dinner baskets at Provider Chapel provided by the Mountain Post Military lodge #26. Above right: James Gavin, United Armed Forces Association, passes out more than 300 turkeys Tuesday morning at Little House in the Rockies. Right: Michael Poe, Shamrock foods driver, delivers turkeys at the 43rd Area Support Group dining facility.



Photo by Spc. Bryan Beach



Photo by Nel Lampe

Museum opens exhibit

Colonel Christopher L. Baggott, left, commander of the 3rd Armored Cavalry Regiment, discusses the regiment's history with Commanding General Maj. Gen. John M. Riggs, center and Paul Martin, director of the 3rd Cavalry Museum. The museum's new exhibit, "Tracking the Regiment" opened with a ribbon-cutting ceremony Nov. 25. Riggs and Baggott cut the ribbon with an 1849 reproduction Ames Rifleman knife. The large crowd toured the exhibit which traces the 152-year history of the Regiment of Mounted Riflemen to present day. "This museum represents the heart and soul of the regiment," Baggott said. "It's a special place for people to honor our past — the history, spirit and lineage." Riggs said that it's important that we remember the lineage, tradition and history of our past. "What we don't learn from the past, we are doomed to repeat," he said. Prior to the ribbon cutting Baggott reenlisted Sgt. Anthony Engkilterra and Sgt. 1st Class Kenneth Thomas, both of Delta Troop, 1st Squadron, 3rd ACR.



Courtesy photo

AUSA
luncheon

Major Gen. John M. Riggs, commanding general, stands at attention during the playing of the National Anthem during the quarterly Association of the United States Army luncheon at the Sheraton Hotel Nov. 24. Riggs spoke at the luncheon about Fort Carson's mission and its relationship with Colorado Springs.

“Self-care policy” begins at EACH

Evans Army Community Hospital
Evans Army Community Hospital is devoted to delivering patient/family-focused care while meeting changes in health care needs throughout the military medical system. One of the recent new policies established at EACH is the Self-Care Policy.

The policy sets standard rules and procedures for housing tri-service active duty soldiers, reservists and foreign nationals on active duty service, retirees and all respective family members who are able to care for themselves. The goal under this policy, is to provide self-care for individuals with temporary lodging at the Medical Detachment without being formally admitted.

An individual may be considered a self-care status for numerous reasons. These reasons include the following:

- non-medical attendants on orders;
- family members with special personal or social issues who are awaiting appropriate discharge placement;
- family members or significant others of seriously ill, very seriously ill or special category patients admitted at EACH (critically ill); or
- mothers who were discharged after delivery but need to be close to their inpatient infants at EACH.

Medical-related issues that may require temporary lodging at EACH include, but are not limited to the following:

- Individuals who need to remain overnight or those who live more than 75 miles away awaiting medical air evacuation or
- Individuals on convalescent leave, returning from hospital convalescent leave or soldiers on quarters status.

Active duty: For example, an appropriate self-care accommodation at EACH would include an active duty soldier who, for medical reasons, requires frequent follow-up clinic visits for physical therapy or dressing changes and is unable to maintain this schedule living in the barracks in which he or she has minimal access to transportation. The soldiers would be housed at EACH while caring for themselves, to include taking their own medications, performing unassisted activities, such as bathing, shaving and dressing and going to the mess hall independently for meals.

Retire for example, an appropriate self-care accommodation at EACH would include a retired individual whose spouse is hospitalized at EACH and is in critical condition. The retiree would be housed at EACH while caring for his or her own personal/medical needs to include meals. He or she would have easy access to be close to and visit his or her spouse in the Medical Detachment.

The physical or health care provider will identify which individuals can benefit from the policy and the dates they are to be released. Active duty soldiers will receive a sick slip from the physician to deliver to their unit chain of command. All self-care individuals will be required to inprocess through Admission and Discharge, and through the ward to which they are assigned. These individuals will then comply with the specific ward rules and curfews (Monday through Sunday, 6 a.m. to midnight). If the individual is active duty, his or her unit will be ultimately responsible for him or her. Admission and Discharge and the designated ward will maintain accountability by requiring the individual to sign in and out. If the individual does not comply with the rules and curfews, the individual's unit will be notified for appropriate actions. Soldiers will be held to the standards as on active duty to include no alcohol consumption or illegal drug use. The head nurse, charge nurse and hospital chain of command have the authority to enforce this policy and make further restrictions if identified as necessary. Special considerations can be made in regards to the policy on an individual basis.

If the self-care individual requires non-urgent medical attention, he or she will use their appropriate access to care. Primarily, the self-care individual can contact his primary care physician if during normal working hours. Or, during non-working hours, if the individual is attached to the MEDDAC, he or she will report to the emergency room. If the individual is non-MEDDAC active duty, he or she will report to the Troop Medical Clinic. Non-active duty personnel will call TriWest for an appointment. If individuals are in need of emergency care, they will be advised to report to the emergency room, or, if the situation is deemed urgent, the ward staff to which the patient is

Family Practice changes

Evans Army Community Hospital
Over the past year, we've experienced changes in the Family Practice Clinic, so we want to take this opportunity to update the community and give an overview of who we are and what we do for everyone.

We offer the full range of primary medical care for Tricare Prime patients enrolled in Family Practice at Evans Army Community Hospital. We offer:

- Diagnosis and treatment of disease and minor injuries, including lacerations and fractures.
- routine health care for children and adults
- women's health care (gynecology and obstetrics);
- infertility evaluation;
- cancer screening (skin, breast, cervix, colon, flexible sigmoidoscopy, pap smears and colposcopy);
- minor surgery (mole removal, skin biopsy, vasectomy, Norplant and IUD insertion and removal);
- health education, preventive medicine, exercise prescriptions and cardiac treadmill testing; and
- referral to other specialists as needed.

Pregnancy tests, blood pressure checks and Depo Provera injections are available for our patients on a walk-in basis in our clinic or the Fort Carson Care Clinic, located on the second floor of the hospital.

Active duty sick call for Medical Department Activity and predesignated soldiers has changed from the Family Practice Clinic to the Prime Acute Care Clinic by appointment made through TriWest at 264-5000. PACC is located between the Family Practice and Internal Medicine Clinics, with access through the Internal Medicine Clinic. The change allows for earlier appointments, starting at 7:20 a.m. Monday through Friday, for enrolled patients.

Clinic hours are 7:20 a.m. to 4:30 p.m., with our last scheduled appointment at 3:45 p.m. The PACC has expanded after-hours care for pediatric and adult acute minor illnesses. If you or a sick child need to be seen Monday through Friday after

Important tax information for all

by James A. Boyce and Carmine J. Naccarelli
Mountaineer contributors

Editor's note: This article does not constitute tax advice. Investors should consult their individual tax advisors before making any tax-related investment decisions. Information and data in this article were obtained from sources considered reliable.

There is a new way to save for college costs -- the Education Individual Retirement Account.

Unlike the IRA you may hold now, the Education IRA has nothing to do with retirement. However, the concept is similar.

The Taxpayer Relief Act of 1997, which created the Education IRA, allows eligible indi-

viduals to contribute up to \$500 each calendar year on behalf of any child under the age of 18. Any earnings will then grow on a tax-deferred basis. When money is taken out of an Education IRA, the distribution is tax-free as long as it does not exceed the child's qualified higher education expenses (including tuition, fees, books and basic room and board.)

How the Education IRA works:
This year, single taxpayers with adjusted gross incomes of less than \$95,000, or couples filing jointly with an AGI of less than \$150,000, are eligible to make maximum contribution to an Education IRA. The permissible contribution gradually phases out for single taxpayers as their AGI rises from \$95,000 to \$110,000, and for couples jointly filing as their

income rises from \$150,000 to \$160,000.
Parents may establish an Education IRA for each of their children. Grandparents, other relatives or friends may also establish an Education IRA for a child. In fact, anyone, including the child, who meets the income eligibility requirements, may contribute to help a child build a nest egg for college. Keep in mind, however, that \$500 per child per year is the maximum aggregate amount that may be contributed from all contributors.
If a child does not need or use the Education IRA for college, the account balance may be rolled over to the Education IRA of certain family members who may use it for their qualified higher education expenses. The child himself or herself may also withdraw funds;

Volunteers help brain-injured patients conquer Pikes Peak

by Paralee Leonard
Pikes Peak Challenge
There's no place else, no other organization, no company, nobody that could put it together like that, said Bill Slaughter, 1998 Integrated Health Services Pikes Peak Challenge Trail Boss of this year's outstanding Fort Carson volunteer efforts. I mean it's really a good testimony to the organizational skills and the physical skills of today's Army.

My troops felt really good seeing the people on the trail and being able to help them make it to the top, said Chief Warrant Officer Todd Buckhouse. It makes you appreciate what you have -- a feeling that you get from helping someone that's really challenged, but has the drive

and motivation not to quit, to continue on to the top. And if you can be the smallest part of that, encouraging them through words, helping them carry a pack, or administering oxygen -- that makes you feel like a champion. It really does!

One hundred twenty-nine hikers began the ascent up Pikes Peak in the early hours of Sept. 12, including brain injury survivors. Army and local volunteers strategically located along Barr Trail from Manitou Springs to the summit provided a safety net of medical and physical support. As a result, 123 of the 129 hikers reached the summit, and all participants ended their hike safely. The average age of hikers was 38 years old, with two 12-year-old

girls as the youngest hikers and a 71-year-old woman as the oldest. Members and previous members of Fort Carson's 4th Squadron, 3rd Armored Cavalry Regiment, volunteered for the second year to support hikers and watch out for their medical needs. They went above and beyond with encouragement and warmth to the discouraged and disheartened as well. Buckhouse and Paul Hartigan, a former member of the 4th Squadron, led the Logistics and Trail staff. We take a lot from the community and we want to give some back. This is just a good way, said Buckhouse. Plus, one of the nice things is that we get to exercise our training in a real-world type aspect.

Experience and hard work paid off in this fourth year of the IHS Pikes Peak Challenge, resulting in the most successful fundraising effort since the program began. Twenty-five thousand dollars was donated to the Brain Injury Association of Colorado and to Think First, a head and spinal cord injury prevention program targeting children, teens and young adults. The IHS Pikes Peak Challenge is a hike to the top of 14,110-foot Pikes Peak early in September. The hike is to raise funds and to promote independence for survivors of brain injury, provide support for their families, and educate young people about brain injury prevention. Many of the survivors hike with their fami-

Holiday

Fort Carson Commissary

Dec. 24, 9 a.m. to 3 p.m.
Closed Dec. 25
Extended hours Mon. through Fri. 9 a.m. to 8 p.m. and Sat. 9 a.m. to 7:30 p.m. and Sun. 9 a.m. to 5 p.m.
The Fort Carson Commissary offers

Army and Air Force Exchange
Service holiday hours

Service Station:
Closed Dec. 25
B Street Shoppette:
Dec. 24, 9 a.m. to 9 p.m.
Closed Dec. 25
Dec. 31, 9 a.m. to 10 p.m.
Jan. 1, 9 a.m. to 9 p.m.
Burger King:
Dec. 24, 6 a.m. to 7 p.m.
Closed Dec. 25
Dec. 26 and 27, 8 a.m. to 9 p.m.
Dec. 31, 6 a.m. to 8 p.m.
Closed Jan. 1
Jan. 2, 11 a.m. to 9 p.m.
Ivy Troop Shoppette:
Dec. 21 to Jan. 10 a.m. to 4 p.m.
Closed Dec. 25 and 26
Closed Jan. 1 and 2
Butts Field Shoppette:
Closed Dec. 20 to Jan. 3
Housing Shoppette:
Dec. 24, 8 a.m. to 6 p.m.
Closed Dec. 25
Dec. 31 and Jan. 1, 8 a.m. to 9 p.m.
Class Six:
Dec. 24, 9 a.m. to 6 p.m.
Closed Dec. 25 and Jan. 1
Class Six Annex:
Dec. 24, 11 a.m. to 5 p.m.
Closed Dec. 25 and Jan. 1
Main Post Exchange:
Monday, extended hours begin: Saturday 8 a.m. to 10 p.m., Sunday 9 a.m. to 9 p.m. and Monday through Friday 9 a.m. to 10 p.m.
Dec. 24, 6 a.m. to 7 p.m.
Closed Dec. 25
Dec. 26, 7 a.m. to 9 p.m.
Dec. 31, 9 a.m. to 6 p.m.
Jan. 1, 9 a.m. to 6 p.m.
Military Clothing Sales Store:
Dec. 24, 9 a.m. to 3 p.m.
Closed Dec. 25 and 26
Dec. 31, 9 a.m. to 3 p.m.
Closed Jan. 1
Burger King (building 900):
Dec. 24, 6:30 a.m. to 6 p.m.
Closed Dec. 25
Dec. 26, 8 a.m. to 8 p.m.
Jan. 1, 10 a.m. to 6 p.m.

AAFES holiday events

Wednesday, Ladies Night to Shop sale
Dec. 14, Wine Tasting, 3 to 6 p.m. at the Class Six store
Dec. 16, Kids Night to Shop sale
Dec. 23, Grandparents Night to Shop sale

DCA hours, Fort Carson community events

American Red Cross:
Dec. 25
Alcohol and Drug Control Office:
Dec. 24 to 25 and Jan. 1
Army Community Service:
Dec. 24 and 25 and Jan.1 and 4
Child and Youth Services:
Dec. 24, 25 and 31 and Jan. 1
Community Recreation Division (AutoCraft Center, Multi-Craft Center, WoodCraft Center, Sporting Goods Store, Outdoor Recreation Rental Center and Outdoor Recreation Complex):
Dec. 25 and Jan. 1
Normal holiday hours Dec. 31
Information, Tour and Travel:
Dec. 25 and Jan. 1
Dec. 31, normal holiday hours
Turkey Creek Recreation Area:
Closed Dec. 25
Dec. 31, normal holiday hours
Jan. 1, 10 a.m. to 4 p.m.
Little House of the Rockies:
Dec. 22 to 25

Facilities:

Bowling Center:
Dec. 24, 11 a.m. to 4 p.m.
Dec. 25
Dec. 31, 11 a.m. to 1 p.m.
Jan. 1, 11 a.m. to midnight
Christopher s:
Dec. 24 and 25 and Jan. 1
Dec. 31, no lunch, Barber Shop open 7 a.m. to 6 p.m.
Elkhorn Conference Center:
Dec. 24 and 25
Pueblo Deli Dec. 31 and Jan. 1
Neon Sports Saloon:
Dec. 24, closes at 8 p.m.
Dec. 26, opens at 5 p.m.
Dec. 31, opens at 7 p.m.
Jan. 1, opens at 6 p.m.
Jan. 2, opens at 5 p.m.
Fatz Pool&Darts:
Dec. 24, 11:30 a.m. to 5 p.m.
Dec. 31, 6 p.m. to 2 a.m.
Golf Course:
Dec. 24 and 25
Divots Grill:
Dec. 24 through 31
Grant Library:
Dec. 25 and Jan. 1

Physical Fitness Centers:

Forrest Fitness Center:
Closed on all holidays

Garcia Physical Fitness Center:
Jan. 1, 10 a.m. to 5 p.m.
Closed all other holidays
McKibben Physical Fitness Center:
Thursday, 6 a.m. to 1 p.m.
Closed all other holidays
Mountain Post Physical Fitness Center:
Closed on all holidays
Post Physical Fitness Center:
Closed on all holidays
Waller Fitness Center:
Dec. 25, 3 to 10 p.m.
Closed all other holidays
Indoor Swimming Pool:
Closed Dec. 20 through Jan. 1 for repairs.
10 a.m. to 6 p.m. all other days

Community events

Youth Services Annual Christmas Tree Sales run through Dec. 23. Christmas trees can be purchased at the Main Post Exchange garden shop. Hours of operation are Monday through Friday noon to 7 p.m., Saturday 10 a.m. to 7 p.m. and Sunday 10 a.m. to 6 p.m. For more information, call 526-2680 or 526-3546.

School of the Arts free Holiday Dance Recital Saturday, 4 p.m. at McMahon Auditorium. The Fort Carson children performing in the recital are from Gwendolyn Rapp ballet, tap and jazz classes.

Military Affairs Holiday Party 5 p.m. Tuesday in the Broadmoor Hotel Ballroom.

Installation Volunteer Coordinator s Holiday Volunteer Tea 2 p.m. Thursday at Elkhorn Conference Center.

Post Tree Lighting Ceremony 4:45 p.m. Dec. 11 at Post Headquarters, building 1430.

The Financial Readiness Program conducts the Christmas Holiday Food Voucher Program at Army Community Service Dec. 14 and 15.

Retiree Holiday Luncheon 1:30 a.m. Dec. 15 (location to be announced).

Directorate of Community Activities Christmas party, 11 a.m. to 4 p.m. Dec. 18.

Ribbon cutting ceremony for Soldiers Memorial Chapel 9 a.m. Dec. 21 at Soldiers Memorial Chapel. Christmas Eve and Christmas services is scheduled for Dec. 24 and 25 at Soldiers Memorial Chapel.

Local school closures

Christmas and New Year s
District 2: No school Dec. 21 through Jan. 3
District 3: No school Dec. 18 through Jan. 4
Districts 8 and 12: No school Dec. 21 through Jan. 4
District 11: No school Dec. 21 through Jan. 1

4th Personnel Services
Battalion

4th Personnel Services Battalion s customer service section will be closed Christmas and New Year s Eve.

Evans Army
Community Hospital

Dec. 24 and 25 and Jan. 1, pharmacy and clinics closed; wards and emergency room remain open.

Emergency phone numbers

Military police emergency: 526-2333
Fire emergency: 911
Evans Army Community Hospital: 526-7111
Severe Weather Hotline: 526-0096
Colorado road conditions: (303) 639-1111 or 630-1111 (enter ROAD)
Red Cross: 526-2311
Emergency Operations Center: 526-5914

Where and When

Directorate of Community Activities
facilities

Physical fitness centers/swimming pools

- **Garcia PFC** ph: 526-3944 or 526-5785
M-F 6:30 a.m.-10 p.m./weekends and holidays 10 a.m.-5 p.m.
- **McKibben PFC** ph: 526-2597
M-F 6:30 a.m.-10 p.m./weekends and holidays 6 a.m.-1 p.m.
- **Waller PFC** ph: 526-2742
M-F 6:30 a.m.-10 p.m./weekends and holidays 3-10 p.m.
- **Mountain Post PFC** ph: 526-2411
M, T, W, F 6:30-9:30 a.m. (Open for after-PT showers only)
- **Forrest FC** ph: 526-2706
M-F 5:30 a.m.-10 p.m./weekends and holidays closed
- **Post Field House** ph: 526-1023 or 526-1024
M-F 6:30 a.m.-10 p.m./weekends and holidays closed
- **Indoor Swimming Pool** ph: 526-3107
M-F 6:30 a.m.-9:30 p.m. (lap swimming from 6:30-8:30 a.m./open swimming from noon-10 p.m.)/weekends and holidays, closed
- **Outdoor Swimming Pool** closed

Miscellaneous

- **Post Commissary**, building 1525, ph: 526-5505
M, T, Fri. and Sat. from 9 a.m. to 7:30 p.m.; Sun. from 9 a.m. to 5 p.m. and Th. 9 a.m. to 8 p.m. Closed Wednesdays.
- **Grant Library**, building 1528, ph: 526-2350
M-Th 11 a.m.-8 p.m./Fri. 11 a.m.-4 p.m./Sat. and Sun. 10 a.m.-6 p.m.
- **Multi-Craft/AutoCraft/WoodCraft Centers**
W, Th. and F 1-8:30 p.m./weekends and holidays 9 a.m.-4:30 p.m./Mon. and Tues. closed, ph: 526-0950
- **Community Thrift Shop**, building 1008, ph: 526-5966
T, W, Th. 10:00 a.m.-2:30 p.m./ Fri. through Mon. closed
- **Turkey Creek Recreation Area**, ph: 526-3905
W-F 10 a.m.-3:30 p.m./Sat. and Sun. 10:30 a.m.- 4 p.m./office hours:
W-Sun. 8 a.m.-4:30 p.m.
- **Information Tour & Travel**, building 1532, ph: 526-5366
M-F 9 a.m.-6 p.m./Sat. 9 a.m.-1 p.m./closed Sun. and holidays
- **Carlson Wagonlit Travel**, building 1532, ph: 576-5404
M, W, Th, F 9 a.m.-6 p.m./Tues. 9 a.m.-5 p.m./weekends and holidays closed
- **Outdoor Recreation Complex**, building 2429, ph: 526-2083
M-Sun. 10 a.m.-5:30 p.m./holidays 10 a.m.-4 p.m.
- **Pueblo Deli** (Elkhorn), building 7300, ph: 576-6646
M-F 11 a.m.-1:30 p.m./closed weekends and holidays
- **Fatz Pool and Darts**, building 1129, ph: 526-4693
T-Th 11:30a.m.-midnight/F-Sat. 11 a.m.-2 a.m./Sun. 1 p.m.-midnight/Mon. closed
- **The Bowling Center**, building 1511, ph: 526-5542
Sun.-Th. 11 a.m.-11 p.m./Fri & Sat. 11 a.m.-1 a.m.
- **Cheyenne Shadows Golf Course**, ph: 526-4122
M-Sun. 6 a.m.-7:30 p.m.
- **Youth Center**, ph: 526-2680
M-Th. 3-8 p.m./Fri. 3-9 p.m./Sat. 1-9 p.m. closed Sun. & holidays

Army and Air Force Exchange Service
facilities

Barber/Beauty Shops

- **Ivy Troop Store Barber Shop**, building 2355
M-F 7:30 a.m.-4 p.m./weekends and holidays, closed
- **Prussman Troop Store Barber Shop**
M-F 7:30 a.m.-4 p.m./weekends and holidays, closed
- **Barber Shop**, building 1161
M-F 7:30 a.m.-4 p.m./weekends and holidays closed



Program Schedule for Fort Carson cable channel 10, Friday to Dec.11.

An interactive panel discussion will be broadcast Thursday at 1 p.m. Community members are encouraged to call in with their questions in reference to impaired driving. Call 526-0635.

Mountain Post Magazine: includes stories about Fort Carson and the Colorado Springs area. Airls at 7 a.m., noon, 7 p.m. and midnight (followed by broadcasts of the Nov. 18 town meeting).

Army Newswatch: includes stories on

new breast cancer treatments, Task Force Angel and Native American Heritage Month. Airls at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Air Force News: includes stories on Hurricane Mitch relief effort, the Air Force Academy wins another CINC trophy and using falcons to avoid bird strikes. Airls at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Navy/Marine Corps News: includes stories on the new Secretary of the Navy Richard Danzig, earning the silver dolphin on the USS Pasadena and highlights of the Naval Academy-Notre Dame football game. Airls at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Community Calendar airs between program showing times.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts

If you have comments on Channel 10 programming or wish to coordinate a broadcast on channels 9 or 10, please contact Douglas Rule at 526-1241 or via email at RuleDo@carson-exchl.army.mil. Call Kim

thru until 10 p.m.)/Sun. 8 a.m.-9 p.m.

- **Kentucky Fried Chicken**, building 1533, ph: 579-8237
M-Sun. 10:30 a.m.-10 p.m.

- **Class Six**, building 1524
M-Sat. 9 a.m.-9 p.m./Sun. 11 a.m.-5 p.m.

- **Class Six Annex**, building 3572
M-Sat. 10 a.m.-7 p.m./closed Sun.

- **Laundromat**, building 6089
M-Sun. 7 a.m.-10 p.m.

- **Car rental**, building 980, ph: 527-4744
M-F 7:30 a.m.-6 p.m./Sat. 9 a.m.-2 p.m./closed Sun.

- **TV Repair/U-Haul**, building 1008, ph: 579-9344
M-F 10 a.m.-5:30 p.m./Sat. 8 a.m.-noon/ closed Sun. and holidays
- **Sprint Office**, ph: 579-7463

M-F 9 a.m.-6 p.m./Sat. 10 a.m.-2 p.m./closed Sun. and holidays

- **Main Store Mall**, building 6110

M-Sat. 9 a.m.-9 p.m./Sun. and holidays 10 a.m.-7 p.m. (Flower Shop, Vitamin Expo, Optical Shop and AT&T Kiosk)

- **Main Store Mall Espresso Cart**

M-F 8 a.m.-3 p.m./Sat. and Sun. 8 a.m.-4 p.m./closed holidays

- **Mini Mall**, building 1510

M-Sat. 9 a.m.-11 p.m./Sun. 10a.m.-5 p.m. and holidays (Shoe Repair and Engraving Shop)

- **Mini Mall Laundry**, building 1510

M-Sat. 9 a.m.-6 p.m./Sun. 10 a.m.-5 p.m./closed holidays



Pet of the

Prrr ...

This 2 year-old male, short-hair, domestic cat is currently available for adoption at the Fort Carson Veterinary Treatment Facility. Pets up for adoption are vaccinated and neutered. The treatment facility provides routine preventive medicine and minor sick call services to pets owned by active duty and retired military members. Normal hours of operation for the clinic are Monday through Friday, 7:30 a.m. to 3:30 p.m.

Clinics are held every Monday, Wednesday and Friday with animals being seen by appointment only. To reduce the risk of child injury in exam rooms and to increase the attentiveness of pet owners during the examination process, the facility discourages pet owners from bringing along children under 10 years of age. People interested in adopting a pet can call 526-4354. For an appointment, call 526-3803.

Chapel

Soldiers Memorial Chapel will hold a ribbon-cutting ceremony Dec. 21 at 9 a.m. The ceremony is open to everyone and refreshments will be served.

The 1998 Protestant Children's Christmas Program is Dec. 13 at 6 p.m. at Provider Chapel. For more information, call 526-5626.

Christmas worship services

Dec. 24 a Catholic children's Christmas liturgy at SMC starting at 5 p.m.

Dec. 24 a Protestant Candlelight service at Provider starting at 6 p.m.

Dec. 24 a 10th Special Forces Christmas Eve service at Veterans starting at 7 p.m.

Dec. 24 a Protestant candlelight service at SMC, Prussman and Healer starting at 7 p.m.

Dec. 24 a Catholic midnight mass at SMC (traditional carols begin at 11:30 p.m.)

Dec. 25 a Catholic mass at SMC starting at 9:30 p.m.

Chapel Schedule

ROMAN CATHOLIC

Chapel	Service	Day	Time	Location	Contact Person
Healer	Mass	Sunday	11 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Healer	Mass	M-W-F	11:45 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Provider	Mass	Sunday	12:15 p.m.	Barkeley & Ellis	Chap. Cavanaugh/526-5769
Soldiers	CCD	Sunday	10:45 a.m.	Nelson & Martinez	Ms. Feldman/526-0478
McMahon	Mass	Sunday	9:30 a.m.	Building 1517	Chap. Cavanaugh/526-5769
Veterans	Mass	Sunday	8 a.m.	Magrath & Titus	Chap. Cavanaugh/526-5769

LITURGICAL

Provider	Liturgical	Sunday	10:30 a.m.	Barkeley & Ellis	Chap. Brock/526-147
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PROTESTANT

Healer	Protestant	Sunday	9 a.m.	Evans Army Hospital	Chap. Tarvin/526-7387
Prussman	SS/Samoan	Sunday	8 a.m.	Barkeley & Ellis	Chap. Gibson/526-5803
Prussman	Prot/Samoan	Sunday	9 a.m.	Barkeley & Ellis	Chap. Gibson/526-5803
Provider	Sun. School	Sunday	10:15 a.m.	Barkeley & Ellis	Chap. Duvall/526-4416
Provider	Protestant	Sunday	9 a.m.	Barkeley & Ellis	Chap. Stephen/526-4416
Prussman	Sun. School	Sunday	9:30 a.m.	Barkeley & Prussman	Chap. Giles/526-4206
Prussman	Prot/Gospel	Sunday	11 a.m.	Barkeley & Prussman	Chap. Giles/526-4206
Soldiers	Sun. School	Sunday	9:30 a.m.	Nelson & Martinez	Dr. Scheck/526-5626
McMahon	Protestant	Sunday	11 a.m.	Building 1517	Chap. Cooper/526-8011
Veterans	Protestant	Sunday	9:30 a.m.	Magrath & Titus	Chap. J. Hartranft/524-1822
Veterans	Protestant	Sunday	11 a.m.	Magrath & Titus	Chap. Simo/526-8890

For additional information, contact the Installation Chaplain's Office, building 6227, at 526-5209. For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636. Normally, free child care is available for infants and preschool age children during on-post worship services. Some worship services offer a children's church for ages 6 to 12.

Daily Bible Readings

In order to assist in regular scripture reading, the following scriptures are recommended. These are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

- Saturday, Psalms 4 & Revelation 12-14
- Sunday, Psalms 5 & Revelation 15-17
- Monday, Psalms 6 & Revelation 18-20
- Tuesday, Psalms 7 & Revelation 21-22
- Wednesday, Psalms 8 & Isaiah 1-3
- Thursday, Psalms 9 & Isaiah 4-6

Chaplain s Corner

Commentary by
Chap. (Capt.) Matthew L. Gibson
4th Personnel Service Battalion

It was in Bethlehem, a little unknown and obscure corner of the earth, that the Christ child was born. If we were given the opportunity to usher in a savior, I guarantee we would do it in different surroundings. Perhaps he would be born in some great palace, with high ceilings and a marble throne with golden embroidery. And all the great, important dignitaries from around the world would be invited. Probably there would be a five-gun salute with all the necessary trappings to herald his arrival.

But when Jesus was born in a cow stable in Bethlehem, an angel announced to some ordinary, lowly shepherds, for unto you is born this day ... a Savior (Luke 2:11). That s the Christmas answer to our need. That s God s answer to our need. I am thrilled that the angel s announcement was not one that said,

Unto you is born this day a soldier or a great military leader. The battlefields of the world bear witness that what the world needs now is

a savior.

The world is still left waiting with great and terrible needs. I am thankful that the announcement of the angel was not Unto you is born this day a religious leader or preacher.

Very often, a popular and magnetic personality arises, and people follow him or her, sometimes to their benefit and sometimes to their detriment. The world needs a savior. We need a savior, not Santa. Religion is a most precious experience, yet it is often the most easily prostituted thing in the world. It touches us at the wellspring of our beings.

Therefore, we are easy prey for people who come at us with a single element of truth in the name of some humanly devised god, and it is in the moment that we are unable to protect ourselves. Thanks be to God, the words announced were For unto you is born this day ... a Savior. That s what we need. Not an earthly leader. Not someone to dazzle us, but a savior.

We need a savior because there is great weight upon the world. It is the weight of

something that s terribly wrong at the root of our being. It is something innate from the time we are born. There s not much difference between the smallest child who will show temper, imitation and selfishness to an older person. It does not matter how long we live very few of us ever become truly sane. We all have our little oddities, odd ways and dispositions. Should one be able to take all the conflict, all the tension, all the aches, all the guilt and all the anxiety in the world (just think of it) and stack it up, it would certainly reach up to the heavens. So our need is not for a leader.

Our need is not for an advisor. Our need is not for a philosopher. While all of these may be good, our need is for a savior. We urgently need somebody who can get under this awful weight of sin and pick it up off of us. That somebody is Jesus, the Christmas answer.

What we have in Jesus Christ is God come down among us. That s the true meaning of Christmas. There will be a lot of fake pleasure and phony enjoyment culminating on the 25th of this month. But the real joy of Christmas is found in one place alone that is the aware-

Military

Better health protection for Armed Forces

by Army News Service

President Clinton directed the Secretaries of Defense, Health and Human Services and Veterans Affairs to create a Military and Veterans Health Coordinating Board to improve the health protection and care of our armed forces, our veterans, and their families Nov. 11.

The president also announced the release of a National Science and Technology Council report, "A National Obligation," that lays out an interagency plan for improving the federal response to the health needs of our military, veterans and their families.

The interagency working group that developed this plan identified the following essential recommendations:

- There must be ongoing coordination of all agencies involved in

maintaining the health of military members, active duty, National Guard, reservists, veterans and their families. Therefore, the interagency working group recommends creation of a Military and Veterans Health Coordinating Board.

- To succeed with many of the goals and objectives laid out in this plan, the government requires ongoing direction and coordination for the Departments' health and personnel information management and record-keeping activities, especially activities associated with deployments.

- The interagency working group recommends that Department of Defense and VA, in consultation with Department of Health and Human Services, establish an ongoing interagency task force to coordinate and set standards for information manage-

ment and technology efforts.

- Department of Defense should complete implementation of recently issued directives on joint medical surveillance and force health protection.

- Department of Defense should proceed with its contract with the National Academy of Sciences for a three-year program of scientific, technical, and policy analysis activities entitled "Strategies to Protect the Health of Deployed U.S. Forces."

- Department of Defense and Department of Health and Human Services, Food and Drug Administration should accelerate their efforts not only to identify regulatory issues associated with the use of investigation products during military exigencies, but also develop strategies to resolve them.

- Department of Defense, VA and

Department of Health and Human Services should develop and implement a coordinated interagency program to communicate health risk information related to current and future deployments, especially combat operations, to military members, veterans, family members and the public.

- Department of Defense and the VA should maintain a robust, biomedical research, development, testing, and evaluation program emphasizing research priority areas identified in this plan.

- Department of Defense should ensure that military medical manpower requirements include medical scientists with expertise relevant to the health concerns associated with military deployments.

Jump

From Page 1

course of which 32 successfully completed the program of instruction and graduated.

The Army's jumpmaster course averages a 50-percent drop-out rate, with the majority of students failing the jumpmaster personnel inspection phase of the course.

The standard jumpmaster course consists of three blocks of instruction. The first and second blocks of instruction, Ground Week and Jumpmaster Personnel Inspection, were held at the 10th SFG(A) complex, here at Fort Carson. The third block of instruction, Practical Work in the Aircraft, was held remotely at Fort McCoy, Wis.

The first 10 days of the course consisted of classroom instruction on duties and responsibilities of the jumpmaster, duties and responsibilities of the safety, jumpmaster personnel inspections, prejump training, setting up a drop zone and Army aircraft orientation.

The classroom portion of the course was followed by approximately one week of intensive training on jumpmaster personnel inspections.

All blocks of instruction are tested and graded with extremely rigid standards. The final portion of the course tests the students on all aspects of actions while inside an aircraft. This includes jump commands, safety checks, orientation of the aircraft with respect to the drop zone at all times, spotting the drop zone, releasing door bun-



Photos by Spc. Jerry L. Leque

Chief Warrant Officer Andrew Gonlund, an instructor for the jumpmaster course, re-checks Capt. Robert Fisher's chute after a student conducted the jumpmaster personnel inspection.

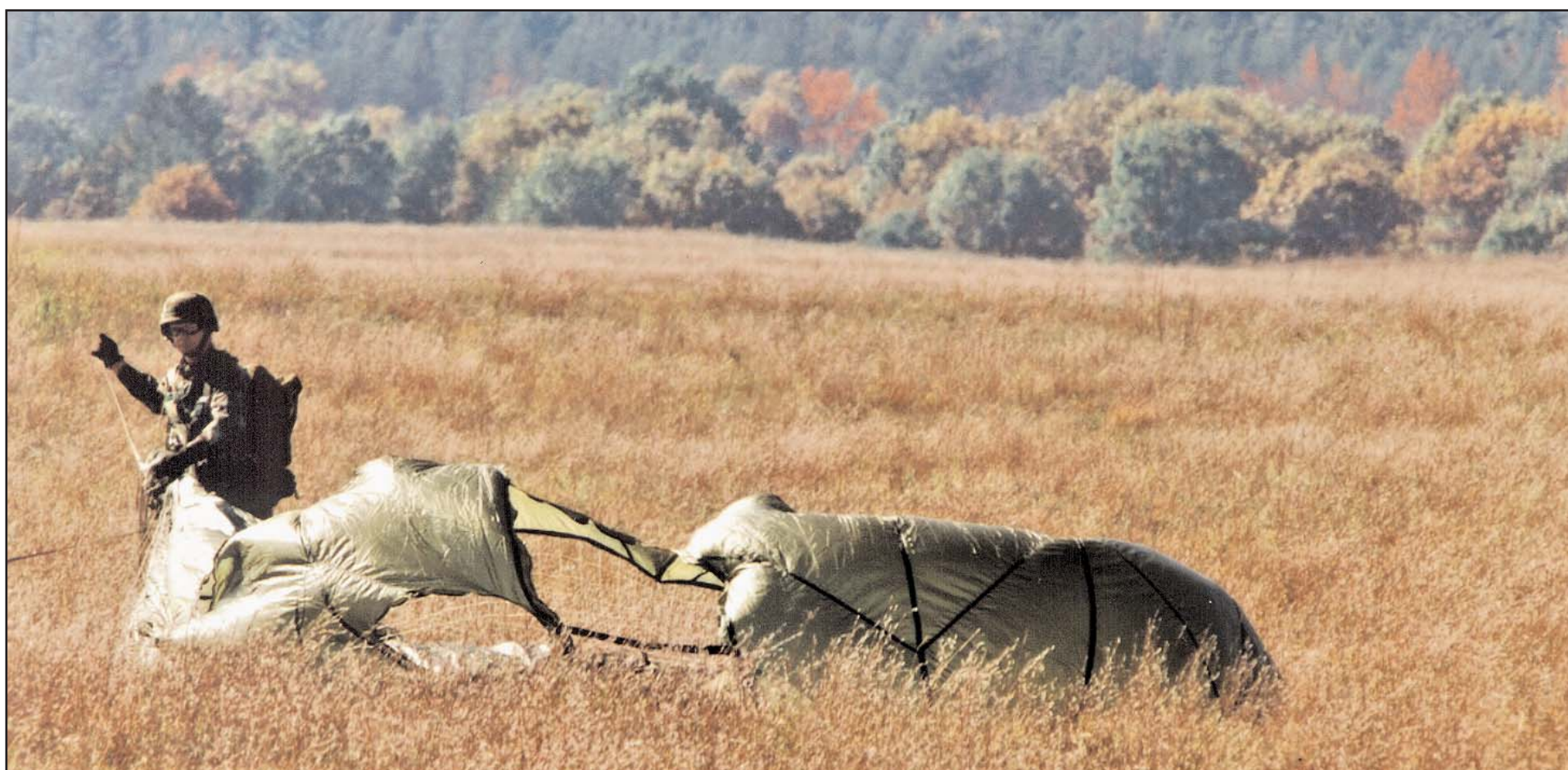
dles and safely exiting jumpers from the aircraft.

The final phase of the training consists of several airborne operations with students acting as jumpers and jumpmasters. Students are always being evaluated with safety being paramount.

Students who graduate are then qualified jumpmasters, however, they must complete actions as a safety and an assistant jumpmaster before they can be a primary jumpmaster. The jumpmaster course is training that places a great deal of stress on students. It is attention-to-detail oriented and stu-



Students inspect other soldiers' parachutes to ensure they are secure and tight.

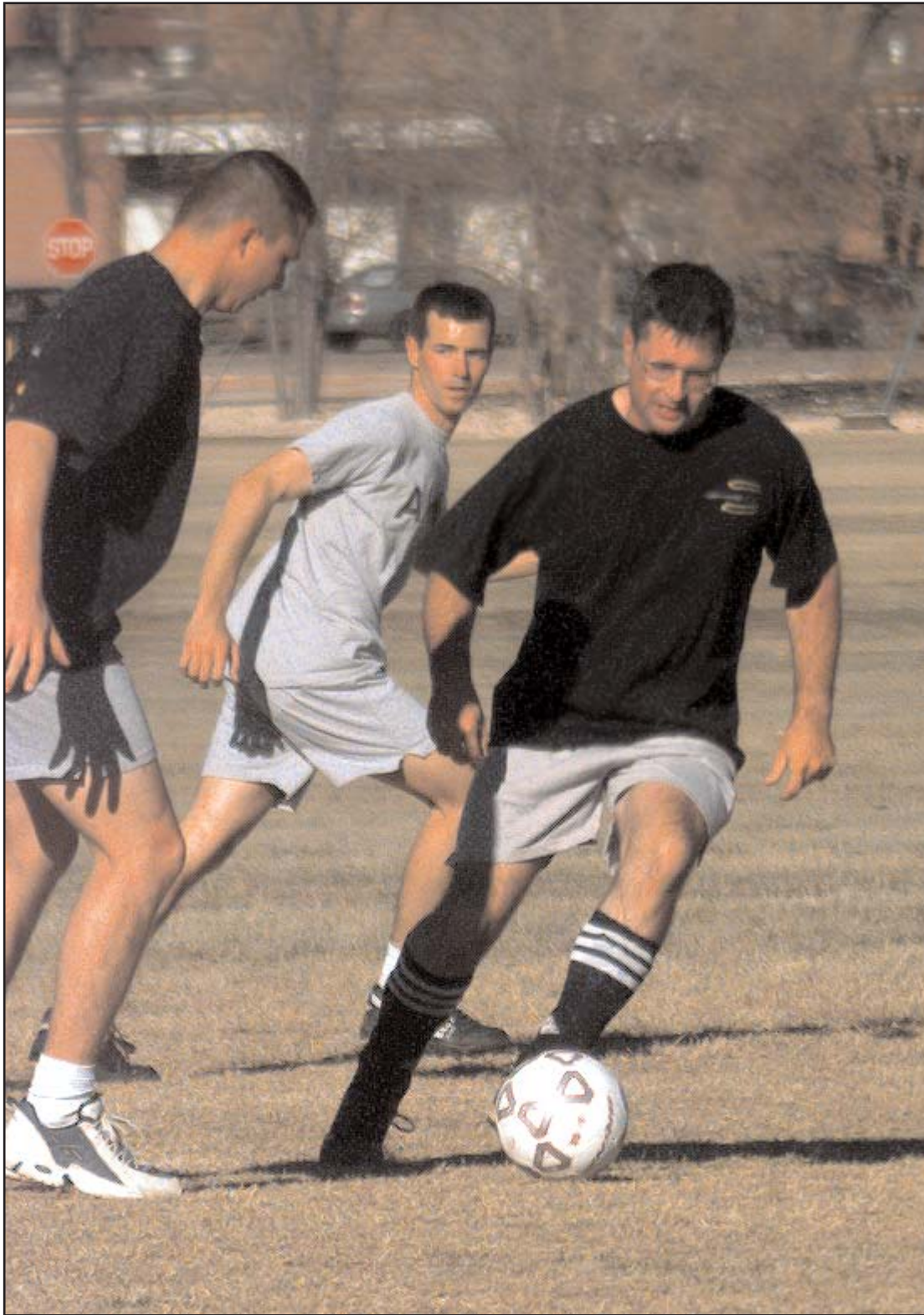


A student who just completed his landing prepares to "cigar roll" his parachute. Some students jumped as many as five times during the course which lasted a total of three weeks.

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Photos by Spc. Bryan Beach

Kick it!

Soldiers from Headquarters, Headquarters Company and Charlie Company competed in the 1st Battalion, 68th Armor, soccer tournament on Pershing Field Tuesday. The idea behind the tournament is to promote teamwork and communication between soldiers. Some consider soccer to be the closest sport resembling war-like situations in that it is both physically and mentally demanding as well as always changing, just like the battlefield.



Semi-Annual AFAP General Officer Steering Committee Meeting

U.S. Army Community and Family Support Center Public Affairs

In discussions that mirrored the national discourse about health and education, Army leaders worked through solutions to 24 Army Family Action Plan issues at the semi-annual AFAP General Officer Steering Committee Meeting Nov. 20.

The meeting, hosted by Brig. Gen. Craig B. Whelden, commander of the U.S. Army Community and Family Support Center, was chaired by then Vice Chief of Staff of the Army Gen. William Crouch. Representatives from the Department of Defense and the Army Secretariat joined 33 other civilian and military committee members from the Army staff and major Army commands.

Crouch emphasized how important the AFAP and its success is to the Army chief of staff.

Of the 24 issues on the agenda four issues were completed, two were tabled as incomplete, and 18 remained active.

There were good news stories for soldiers and families in the completed issues. Brig. Gen. Kathryn Frost, The adjutant general, briefed about managing tuition assistance ceilings. In 1996 the issue it was resolved by giving local commanders authority to waive TA ceiling limits in certain cases. The services have worked together to increase and equalize TA levels across DOD.

“Effective October 1998, the tuition assistance limit in the Army was raised to \$187.50 per semester hour or 75 percent, whichever is less, up to \$3,500 dollars a year for every soldier,” reported Frost. “What that really means is that a soldier going to the University of Maryland can take up to 12 courses a year before he reaches his ceiling of \$3,500. Therefore the necessity for installation commanders to supplement tuition assistance is no longer there.”

Internet technology provided the solution to one issue: the need to disseminate information about federal employment, briefed by Carol Ashby-Smith, deputy assistant secretary of the Army for civilian personnel policy. “When the issue was introduced in 1994, the problem was that information about federal employment was not uniformly being disseminated or received by those who needed it,” explained Smith. “The answer was overtaken by automation when we established a web site, Civilian Personnel Online, where information about all aspects of federal employment, including nonappropriated fund jobs, is posted as well as vacancy announcements,” she said. (The address is www.cpol.army.mil)

An installation issue from 1991 was briefed as completed by Whelden. As units were redeployed from the Persian Gulf, they were relocated and reflagged. This meant entire units underwent permanent changes of station, generating a great deal of turmoil. Whelden explained that the vice chief of staff directed an examination of unit moves to ensure quality of life aspects such as movement of family members, exceptional family members, household goods, pets and privately owned vehicles, were included in the planning stages.

“The results were institutionalized in Army Regulation 5-10, which was revised to include consideration of these elements when planning unit moves, and the change was initiated in July 1998,” said Whelden. “Additionally, a quality of life unit move checklist was developed, staffed and distributed to garrison commanders. This checklist is on the assistant chief of staff for installation management’s web site under ‘relocation.’ We think this checklist will go a long way towards reducing turmoil when we have base realignment and closure requirements or when units move from point A to point B,” he said.

The final completed item was a uniform issue.

Soldiers requested a change to AR 670-1, para. 1-10d, allowing them to carry bags over the shoulder, while still maintaining the integrity of the uniform. The change was approved; soldiers may now carry commercial rucksacks, gym bags and like items over the shoulder while walking in uniform or over both shoulders when riding a bicycle or motorcycle. However, if the bag is worn over the shoulder, it must be all black with no logos.

Among the remaining active issues, health benefits and schools generated the most discussion. Brig. Gen. Kevin Kiley, assistant surgeon general for force projection, presented six health care issues, one of which is of special interest to families of deploying soldiers.

In 1997, AFAP delegates asked for written information about the possible side effects or adverse reactions to medications and immunizations soldiers receive during pre-deployment or deployment.

In response, U.S. Army Medical Command commissioned a panel of pharmacists to work with the Center for Health Promotion and Preventive Medicine and write information papers about deployment medications and vaccinations.

“These 26 papers are written in easy, understandable English. They were just approved for loading on the web so corps, division and brigade surgeons, maneuver commanders, as well as hospital commanders and pharmacists around the world have access to them,” said Kiley. This issue remains active while MEDCOM gets the word out that prescription information exists and incorporates the requirement to provide it into Army policy. In a related issue, Kiley reported Army pharmacists should provide the same information about prescription medications to patients who request it.

Editor’s note: This is part one of a two-part story.

DLA sending donated items to soldiers in Bosnia

by Air Force Print News

The Defense Logistics Agency is now accepting approved bulk donations — shipments weighing 70 pounds or more — for U. S. troops serving in Bosnia during the holiday season.

DLA’s primary mission is to provide essential operational and life support items to U.S. forces. However, the logistics pipeline to personnel serving in Operation Joint Forge can accommodate donated items on a space-available basis.

All bulk donations must be approved in advance of acceptance. Donors should first call DLA’s toll-free number, (800) 841-0937, for donation approval and to receive specific

instructions on the packing, marking and shipping of their donations. Donors are responsible for delivering items to the designated Department of Defense facilities. Donations must be received by the designated DOD facilities no later than Dec. 10. The donated items will then be shipped to the troops at no cost to the donor.

The DLA donations office will provide potential donors with a list of suggested and most popular items, as well as items that are unacceptable. Prohibited items include firearms, alcoholic beverages, combustibles, pornographic materials, perishable foods, glass/breakable con-

tainers, home-baked products, books, newspapers and magazines.

Donors should note that donations cannot be sent to specific individuals, units or locations. This does not, however, preclude donors from sending specifically addressed items directly, using their own shipping agents.

Donations to Operation Joint Forge will not be tracked, nor can information be provided regarding the recipient of the donated items. If, for any reason, a donation cannot be shipped to the Bosnia region, it will be sent to U.S. military personnel serving elsewhere.



Photo by 2nd Lt. Nadia C. Calderoli

Lean into it

Soldiers from Company B, 52nd Engineer Battalion, maintenance platoon, push a HMMWV into the bay. The maintenance platoon consists of 19 soldiers who are responsible for more than 130 pieces of equipment.

\$how me the money



Shrawder

by Staff Sgt. Dallas Shrawder
Command Financial
Noncommissioned Officer

As the old adage goes, “If you take care of the pennies, the dollars will take care of themselves.” Following are some more money-saving ideas that can make a difference in your financial situation even after only a month.

Use e-mail which can be free, to contact family members instead of calling and racking up long distance charges.

Buy your phone. It may be hard to believe, but five million Americans still pay AT&T \$4.45 or more a month to rent their phones.

See if your electric or gas utility will pay to make your home more energy efficient. Programs are common where peak power demand is catching up with generating capacity.

Switch to compact fluorescent bulbs in fixtures that are on at least four hours a day. They

cost more up front, but they last considerably longer. An 18-watt fluorescent bulb would provide 10,000 hours of illumination for \$35 versus \$72 to burn 13 conventional 75-watt bulbs. Your power company might even help pay replacement costs.

If you paid a deposit to your phone company when you had your service started, you can ask for it to be returned after establishing a reliable payment history.

Sign up for overdraft protection for your checking account. The interest rate may be higher, but just one bounced check can cost you three times the face value of the check, plus return fees.

Don’t overdo rainy day savings in a traditional savings account yielding 3 percent or so. With \$3,000 you can plug the roof, fix the car, or buy an airline ticket. If you have more than that in savings, you should be able to place it in an investment with a higher yield/interest rate.

Skip the bank when you need new checks.

You can save a lot of money if you have an after market check-printing company do the service. In many cases, two-thirds the cost could be saved.

Join a credit union. Typically, credit unions charge less for the same types of services; both accounts and loans.

Don’t buy higher octane fuel than your vehicle needs. Unless your owner’s manual specifically recommends premium fuel, use one of the lower octane fuels. Premium fuel can cost an average of 18 cents more a gallon. Only about 10 percent of all cars require premium fuel; however, 20-25 percent of all gasoline sold is the premium fuel.

If you fill up with regular octane instead, you could save an average of \$200 a year on gasoline alone.

For more money saving tips, or help with budgeting, contact your command financial noncommissioned officer. We’re here to help.

Dining Schedule

Week of Saturday to Dec. 11

Exceptions

- 10th SFG meal hours are the same Monday to Friday, but do not apply on Thursdays. No dinner meal served on Friday.
- Butts Army Airfield is open for breakfast and lunch only, Monday through Friday.
- Patton House and Mountaineer Inn closed Thursday Dinner Meal.
- Butts Army Airfield closed Dec. 9 and 10 for maintenance.

Weekday Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)
10th Special Forces Group (building 7481)
Butts Army Airfield (building 9612)
3rd BCT Iron Brigade (building 2061)
3rd ACR Patton House (building 2161)
Cav. House Dining Facility (building 2461)
Mountaineer Inn Dining Facility (building 1369)

Standard Meal Hours

Mon., Tue., Wed. and Fri.	Thurs.
Breakfast 7:30 to 9 a.m.	5:30 to 7 a.m.
Lunch 11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner 5 to 6:30 p.m.	4 to 5:30 p.m.

Weekend Dining Facilities/Meal Hours

3rd ACR Cav. House (building 2461)
43rd ASG Cheyenne Mnt. Inn (building 1040)
3rd BCT Iron Bde. (building 2061)

Standard meal hours

Brunch	9 a.m. to noon
Supper	3:30 to 6 p.m.

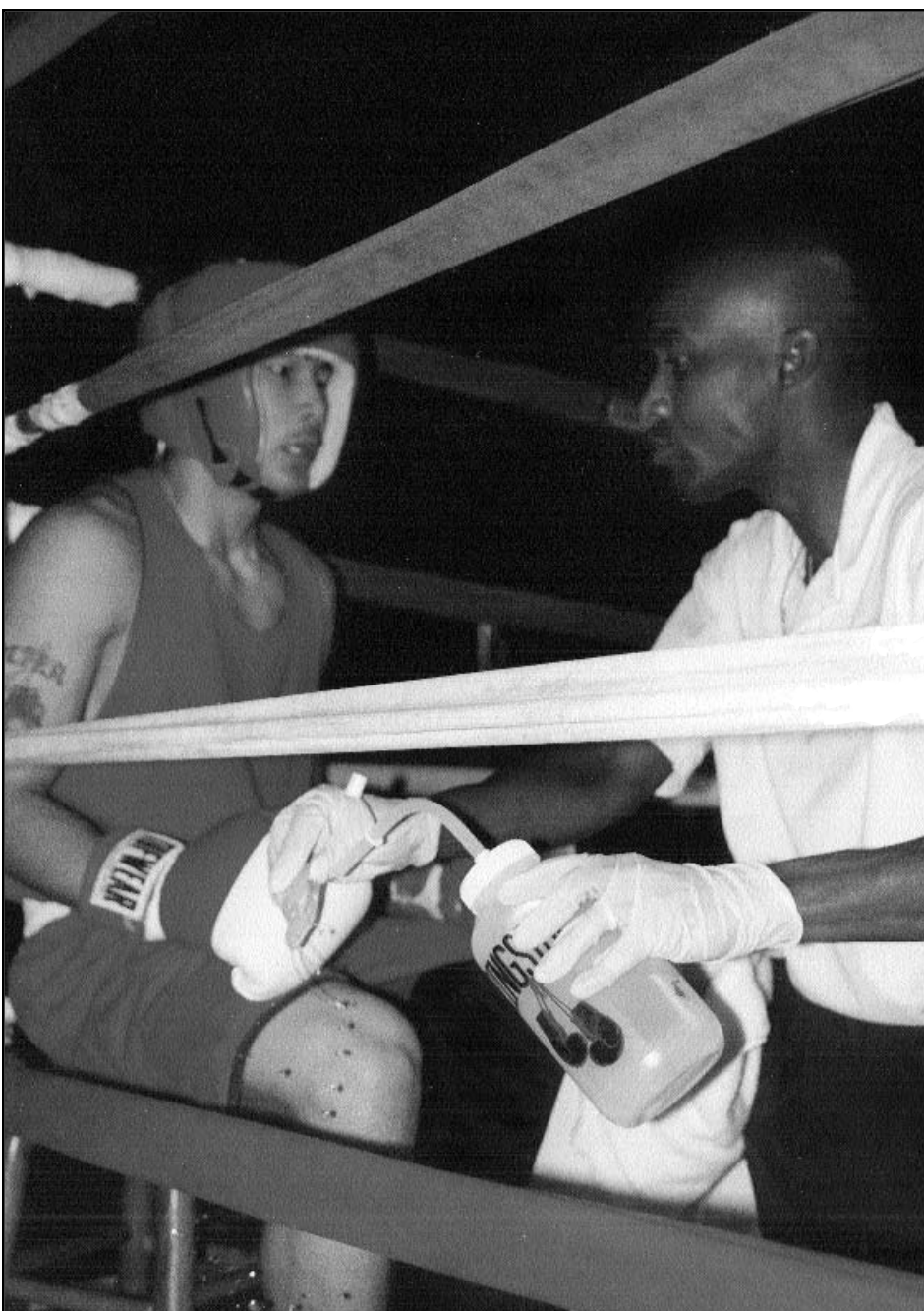
Family members are welcome for all brunch meals.

Sports & Leisure



Photos by Walt Johnson

World Class Athlete Program boxer Julius Fogle, left, stalks his opponent from the Mexico National Boxing team prior to scoring his impressive second round knockout at the Post Physical Fitness Center Nov. 24.



WCAP boxing coach Byron Moore offers advice to one of his boxers, Huang Gu, in between rounds of Gu's victory over his Mexico national team opponent Nov. 24.

WCAP boxers stand toe-to-toe with Mexico boxing team

by Walt Johnson
Mountaineer staff

Prior to U.S. Army vs. Mexico international boxing competition at the Post Physical Fitness Center Nov. 24, World Class Athlete Program Boxing Coach Byron Moore said he wanted his athletes to see where they were against international competition.

The nine-bout competition featured many of the WCAP's best fighters facing a seasoned national team from Mexico that was coming here off a successful Central America boxing competition event.

Early on it looked like the Mexican fighters would dominate the night as they won the first three bouts of the evening. Each of the WCAP's first three fighters, Bradley Martinez, Steve Vandewalle and Jason Franco lost close decisions to their Mexico counterparts.

That brought WCAP's Julius Fogle to the ring and he didn't waste any time re-establishing the WCAP teams legitimacy in the event. Fogle came out strong and wobbled his Mexico opponent, David Sanchez, with a thunderous right hand. Fogle then landed several more impressive blows and was in such command of the fight that he was faking and dancing like Sugar Ray Leonard used to as the first round drew to a close.

In the second round Fogle continued his offensive, belting the

Mexican fighter with quick combinations. Although Sanchez kept coming forward, he did not have an answer to Fogle's tremendous hand speed, and, as the round wore down, Sanchez went into a corner and invited Fogle to come in and fight him. Fogle didn't accept the bait and continued his long-range assault on Sanchez.

In the third round, Fogle opened up a cut on Sanchez, which forced the fight to be stopped by the ring side doctor, giving the WCAP its first victory of the night.

That victory was followed up with another impressive victory by Hong Gu, who, according to Boxing USA magazine, is one of the top three 125-pound fighters in the country.

Gu came out aggressively and landed several solid shots early in the first round against Jesus Guicho.

Late in the first round, Gu was caught with a solid one-two punch, but came right back at his opponent and regained the momentum as the round ended landing a thundering right hand as the round closed.

In round two, Gu opened a cut over his opponent's eye. The fight was stopped so the ringside doctor could check the Mexican fighter, who was allowed to continue. Gu came out firing punches as if he was the fighter who was cut and needed to get the fight over. Guicho appeared to be a desperate fighter after the cut

See BOXING, Page 34

Pigskin Picks				
	Edward Showalter T Troop 4/3 ACR	Veronica Horton Family Member	William B. DeBoer Air Force (retired)	Walt Johnson Mountaineer staff
Mississippi State at Tennessee	Tennessee	Mississippi State	Tennessee	Tennessee
BYU at AFA (Las Vegas)	BYU	BYU	Air Force	Air Force (Hooah)
UCLA at Miami	Miami (Fla)	Miami (Fla)	UCLA	UCLA
A & M at Kansas State	Kansas State	Texas A & M	Kansas State	Kansas State
Navy at Army	Army	Army	Army	Army
Dallas at New Orleans	Dallas	New Orleans	Dallas	New Orleans (yeah)
Kansas City at Denver	Denver	Kansas City	Denver	Denver
Miami at Oakland	Oakland	Miami	Miami	Miami
New England at Pittsburgh	Pittsburgh	Pittsburgh	Pittsburgh	Pittsburgh
SF at Carolina	San Francisco	San Francisco	Carolina	San Francisco
Seattle at N. Y. Jets	N.Y. Jets	N.Y. Jets	Seattle	N.Y. Jets
Chicago at Minnesota	Minnesota	Chicago	Minnesota	Minnesota
Green Bay at Tampa Bay	Green Bay	Green Bay	Green Bay	Tampa Bay
Buffalo at Cincinatti	Buf falo	Buf falo	Buf falo	Buf falo
Detroit at Jacksonville	Jacksonville	Detroit	Detroit	Jacksonville
Indianapolis at Atlanta	Atlanta	Atlanta	Atlanta	Atlanta

On the Bench

Toy Bowl 98 set for Memorial Park Dec. 12



by Walt Johnson
Mountaineer Staff

The Colorado Springs Police Department will host Toy Bowl 98, Dec. 12 at Memorial Park. Toy Bowl is a football tournament designed to raise funds to get toys to hand out to children throughout the holiday season.

The all-day tournament features eight-on-eight competition with no roster limit. The games are played under Colorado state flag football rules.

The games consists of four quarters, with 15 plays per quarter. There are no breaks for halftime.

During the tournament there is no tolerance for fighting among teammates, with the other team or with officials.

This is a double-elimination tournament, including the championship game with most valuable player and team trophies given out after the game.

The tournament directors give out flags and request that teams wear same color shirts or uniforms.

Games are played even in inclement weather. For more information, contact Bob Vigil at 444-7617 or 442-8189.

The post men s varsity basketball team fell to Mid Plains Community College 97-73 Nov. 28 in Kansas.

The post team was led by Michael Merles who scored a team-high 16 points. He was joined by Raymond Clare, 10 points, Derrick Jordan and Carl Evans, nine points and Orden Roberts, eight points. The team travels to Cheyenne Wyo., Saturday to participate in the Tipoff Classic at F. E. Warren Air Force Base.

The post intramual basketball season has begun with games being played at Post Physical Fitness Center Monday through Thursday.

For the next two Saturdays games are played from 10 a.m. through 3 p.m.

How about those Minnesota Vikings on Thanksgiving day stuff-



Photo by Walt Johnson

No, Forrest Physical Fitness Center director Bill Reed is not climbing the walls to jump off a high ladder, instead he is decorating the fitness center with Christmas trees and trimmings. Stop by the center to workout and catch the Christmas spirit.

Boxing

From Page 31

and Gu’s offensive but he had no answers for Gu’s strength and hand speed.

In the third round Gu continued to dominate his opponent and won the fight, bringing the WCAP within one of their Mexico opponents in team wins for the night.

WCAP’s Yamar Resto wasted little time getting the better of his opponent Hector Botello in the next bout. In the first round Resto landed a number of solid single punches to the Mexico fighter’s head. But if he thought he would have an easy fight, Botello put those thoughts to rest in the second round.

Both fighters came out strong for the second round, each landing punches as good as they took, especially in the last 30 seconds when both fighters swung from their heels against each other. The third round was a mirror image of the second as both fighters threw caution to the wind and battled as hard as they could. In the end, Resto earned a hard

fought win to pull WCAP even with Mexico in team victories.

Guillermo Becerrill defeated WCAP’s Alexander Ramos in the evening’s next fight to give Mexico a 4-3 team lead.

Corey Bernard, a recent addition to the WCAP team, stepped into the ring, to try to get his team even, and he didn’t disappoint anyone. Bernard brought a combination of hand speed and strength into the ring against his opponent, Jorge Padilla, that the Mexician fighter couldn’t match.

Padilla tried to stay in against Bernard and landed several good shots, but Bernard was in control of the fight as the first round ended. In the second round Bernard came out fast and landed several good shots. In the middle of the second round, Bernard started landing some punishing shots, especially to the body, to wear down his Mexico opponent.

Both corners knew the third round would be crucial to the fight’s outcome. Bernard came out in the third round and landed a number of hard blows to back up the Mexico fighter, but each time it looked like he was beginning to pull away, Padilla would counter and keep himself

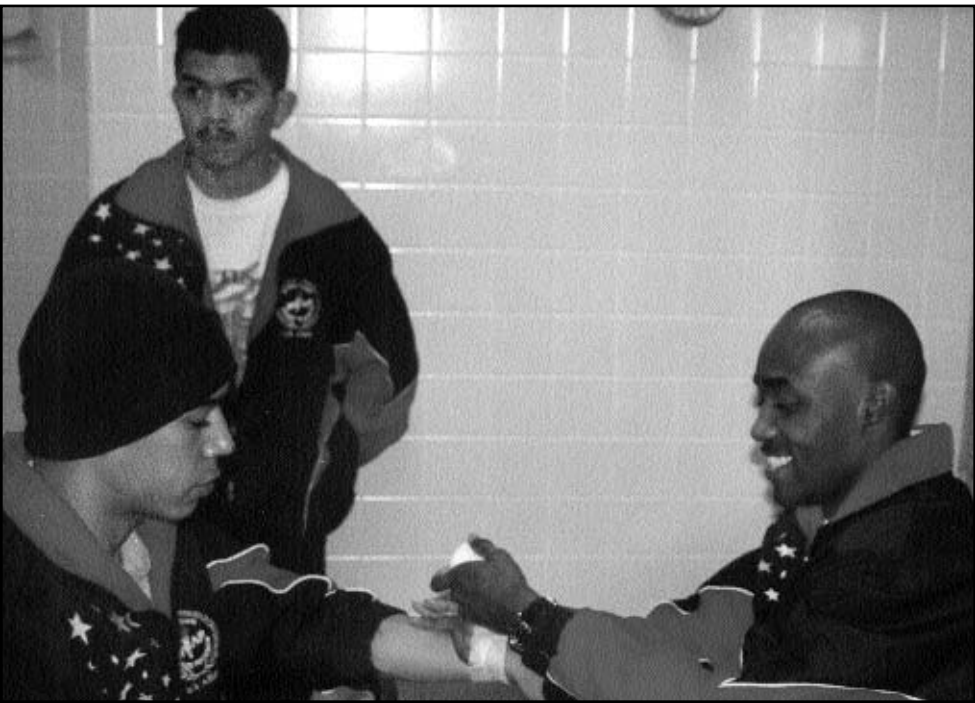


Photo by Walt Johnson

WCAP Boxing Coach Byron Moore wraps the hand of a boxer prior to the boxing matches against Mexico at the Post Physical Fitness Center.

close. Late in the third round, Bernard landed some punishing shots to take the victory over Padilla and even up the team totals in the competition.

Any hopes of the WCAP earning the overall team victory were quickly

dashed in the last fight of the evening as Jose Zertuche, the Mexico team’s most impressive speed and power puncher, quickly stopped Chris Lords to give Mexico the overall team victory.

Start your own holiday tradition using area events



story by Nel Lampe
graphics by Sandra Marin
Mountaineer staff

Christmas, Hanukkah, Kwanzaa. The holidays are the favorite season of the year for many people. It is a time for family, for gift exchanges and traditions.

But what if you're far from home, family and friends during the holidays? It can be common for military families to be away from home and extended family during the holidays perhaps for reasons beyond control budget, duty, low-leave balances, school, family concerns, work schedules, health or other reasons.

If you're staying in the local area, why not start your own family holiday tradition? There is plenty of holiday-related activities to choose from. Price categories are based on



a family of four.

Take a look at the lights downtown Colorado Springs, Manitou Springs, Old Colorado City and the Broadmoor Hotel are good bets locally; Denver's Larimer Square, Union Station, the Civic Center and downtown are also good bets.

Fort Carson's tree lighting ceremony is Dec. 11, at 4:45 p.m., in front of the Headquarters Building. The ribbon-cutting ceremony for Soldiers Memorial Chapel is Dec. 21, at 9 a.m.

Soldiers Memorial Chapel's Christmas Eve Protestant Candlelight Service is at 7 p.m., with Catholic Mass at midnight. There is

also a Christmas Mass at 9:30 a.m. Christmas day.

Visit the Georgetown Christmas Market, downtown Georgetown. For the 38th year, the town has hosted a Christmas Market. There is no charge to attend the market, but food, crafts and hay rides are available for a cost. Folk dancers, bands, choirs and decorations round out the market. The hours are 10 a.m. until dusk Saturday and Sunday, and Dec. 12 and 13.

Tour the governor's mansion, 400 E. Eighth Ave. in Denver. Tours are free, from 10 a.m. until 1 p.m., Tuesday through Dec. 11., and from 10 a.m. until 3 p.m. Dec. 12.

There is an open house at the state capitol building, East Colfax Avenue and Lincoln Street, downtown Denver. The holiday tree will be decorated and holiday music performed. Visitors may also tour the capitol building. The event is free, 10 a.m. to 2 p.m. Dec. 12.

Visit the Seeley Collection of A Presidential Christmas, a collection of holiday cards and gifts from presidents dating back to President Calvin Coolidge. The display is in the Focus on the Family Welcome Center, Monday through Friday, from 9 a.m. to 5 p.m., and Saturday, from 9 a.m. to 4 p.m. The welcome center is at exit 151 off I-25.

Gallery of Trees and Lights opens at the Fine Arts Center, 30 W. Dale St., Saturday. For 25 years, this special exhibit of 30 trees, decorated by clubs, schools, interior designers and businesses, decorates the Fine Arts Center during the holidays. There is free admission Saturday, from 10 a.m. until 5 p.m. Take advantage of the free admission to the the Gallery of Trees and Lights and exhibits at the Fine Art Center this one day. Although the trees will be displayed until Jan. 3, visitors will pay regular admission.

Festival of Lights parade, traditional in Colorado Springs for 14 years, is Saturday, downtown, at 5:50 p.m. Entries are decorated in twinkling lights, and Santa will be there too. The parade starts at St. Vrain, heading south on Tejon to Colorado, then north on Cascade. Parking garages are open, or try your luck at finding parking on the street. Dress warmly, and enjoy hot cider and cookies at the Pioneers Museum, or hot chocolate and coffee at a downtown coffee shop following the parade.

Holiday Walkabout is every Saturday and Sunday in Manitou Springs through December. From noon until 3 p.m., bright red trolley takes visitors on a free ride.

Seven Falls decorates for Christmas with 75,000 lights. During the winter, the Falls is not usually open at night. However, it is open from Dec. 18 until Dec. 28 (except for Christmas Eve). Seven Falls is open regular hours during the day, 9 a.m. until 4 p.m., and admission is charged. Then, from 5 to 9 p.m., visitors may enter free of charge to view the lights. Visitors are asked to make a monetary donation at the gate to benefit the charity Christmas



Photo by Nel Lampe

Dino Kelley pleads his case with Santa on a late December visit to the North Pole.

Unlimited. It can be quite cold at the falls that time of year, so dress warmly. Hot cider can be purchased in the snack bar, and souvenir shops will be open.

A tuba concert at Larimer Square, in Denver, noon until 1 p.m. Some 200 tubas participate in the 23rd annual concert. Messiah is presented tonight at 8 p.m., performed by the Air Force Academy Cadet Chorale with orchestra accompaniment, Festival of Lessons and Carols is Sunday at 5 p.m. at the Air Force Academy Cadet Chapel. Doors open at 3:30 p.m., and an organ and brass concert is at 4:30 p.m.

Handel's Messiah is Saturday at the First United Methodist Church at 2:30 and 8 p.m. The 150-voice choir performance is free and child care will be provided for children under the age of 6.

A gingerbread village is displayed at the Citadel, near Dillard's. These special gingerbread houses were created for the Day Nursery and are quite a sight. There is no admission charge. The village is displayed through Christmas Day.

The Colorado Springs Police Department is holding its ninth annual Christmas Toys for Kids drive. New, unwrapped toys for children ages 2 to 16 are being accepted at 7850



about \$10

Goddard St., 705 S. Nevada Ave., or 4125 Center Park Drive (before Dec 21.) The toys will be delivered to needy children Christmas week.

Scrooge! is presented by the Woodmen Valley Chapel, 350 Chapel Lane (I-25 and Woodmen), Saturday, at 10 a.m. and 2 p.m., Sunday at 3 and 7 p.m., Dec. 20 and 22 at 7 p.m., Dec. 23 at 10 a.m. and 2 p.m. and Dec. 13 at 3 and 7 p.m. The performance is free, and free child care is available for children up to age 5. Tickets are available at the chapel. Call 599-8652 for information.

Air Force Band of the Rockies Christmas concert is at the World Arena, Dec. 13 at 3 p.m. The traditional concert includes standard holiday music and a visit from Santa Claus. Previously held at Arnold Hall, the concert is at the arena this year. Concert tickets are free from the arena box office. Parking costs \$3. The World Arena is near the Circle Drive exit off I-25, close to Tinseltown Theater.

Rock Ledge Ranch Historic Site presents Holiday Traditions each weekend through Dec. 20. The ranch will be decorated to reflect holidays past and present. The

See Holiday, Page B2

Fort Collins



A pull-out section
for the Fort Carson community
December 4, 1998

Holiday

From Page B1

weekend of Dec. 12 and 13 will be special, with 500 luminarias (candles in paper bags) lining the paths. Special candlelight tours of Orchard House will occur that weekend, and a holiday barn dance begins at 4 p.m. Dec. 12. Special performances will be scheduled throughout the month. Admission, which includes all activities and tours, is \$3 for adults and \$1 for children ages 6 to 12. For more information, call the ranch at 578-6777.

Miramont Castle is decorated with a Victorian theme weekends through Dec. 13. In addition to the Victorian Christmas decorations, cider, cookies and live entertainment top off the holiday season. On those weekends, the tea room is available for visitors to order from the menu. Admission to Miramont Castle is free for children under age 5, \$1 for children ages 6 to 12, and \$4 for anyone older than 12. Winter hours are Tuesday through Sunday, from 11 a.m. until 4 p.m.

Cut your own Christmas tree with a permit from the U.S. Forest Service. The annual Forest Service tree-cutting area is north of Divide. Permits may be purchased through Dec. 12 at the U.S. Forest Service, 601 S. Weber St., from 8 a.m. until 5 p.m., Monday through Friday, and 8 a.m. until 3 p.m. Saturdays. Payment can be made by check, cash



or money order. Chain saws are not allowed in the cutting area. Four-wheel drive or chains are required. A map will be given with permits

Christmas Pops Concert is Dec. 13 at 3 p.m., in Colorado Music Hall, 2475 E. Pikes Peak Ave. Admission is \$5 for adults and \$3 for seniors and children. The Pikes Peak Philharmonic and the Summit Ensemble of the Colorado Springs Children's Chorale perform.

McAllister House, located at 423 N. Cascade, is a museum located in the first brick house built in Colorado Springs. Visitors can tour the museum, which is decorated in Victorian style Christmas decorations during the month of December, and participate in the Christmas teas on Saturdays, from 1 to 4 p.m. Reservations are suggested for the tea. The Victorian tea and a tour of the house costs \$6.50. The museum is open to the public during winter on Thursdays, Fridays and Saturdays from 10 a.m. until 4 p.m. Admission is \$3 for adults and \$1 for children ages 6 to 16. The teas are offered only on Saturday afternoon.

Visit Electric Safari at Cheyenne Mountain Zoo



through Jan. 3 (except Christmas Eve). More than 450,000 lights decorate the zoo and carolers entertain, from 5:30 to 9 p.m. The price is \$4 per adult, and \$2.50 for each child under 12.

Rosemont Castle in Pueblo is decorated in Victorian style for Christmas. Although there are no special Christmas activities at Rosemont, if you haven't yet visited the magnificent Victorian mansion which dates from 1891, this would be a good time to do so. Rosemont is open

Thursday through Saturday, from 1 to 3:30 p.m. Sundays it is open from 1 to 2:30 p.m. Admission is \$5 for adults and \$3 for children 13 to 17. Children under 12 are admitted for \$2. Rosemont is closed during January.

A Christmas Pops Concert is Dec. 13 at 3 p.m., in Colorado Music Hall, 2475 E. Pikes Peak Ave. Admission is \$5 for adults and \$3 for seniors and

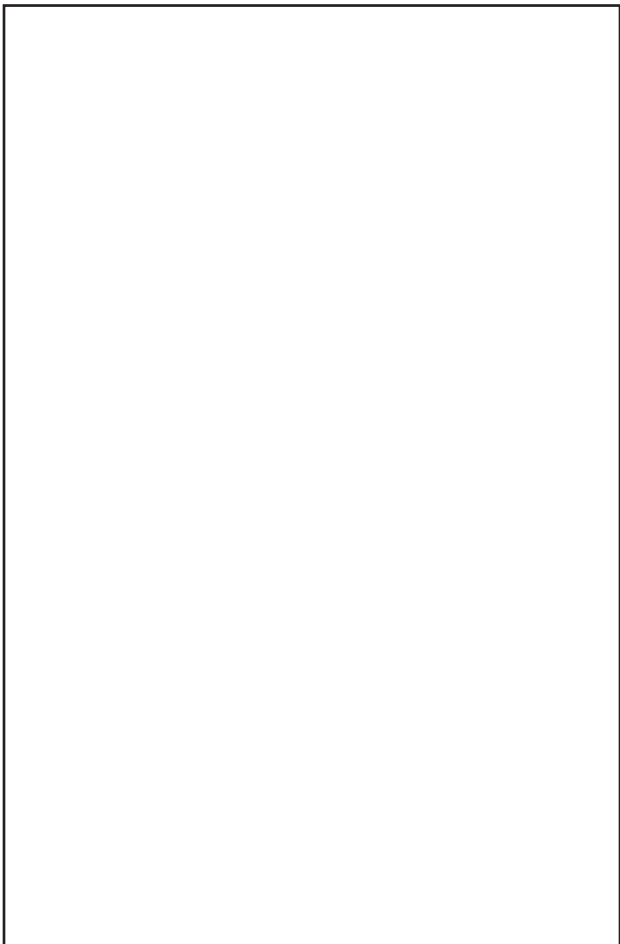


Photo by Nel Lampe

A life-size nutcracker is reminiscent of an old fashioned Christmas.

children. The Pikes Peak Philharmonic and the Summit Ensemble of the Colorado Springs Children's Chorale perform.

A Christmas Presence is at 7 p.m. Dec. 13, Pikes Peak Center, 190 S. Cascade Ave. Tickets are \$6.50 and \$8.50.

Breakfast with Santa is at the Day Nursery, 104 E. Rio Grande St., 632-1754, Dec. 12 and 19. \$6 for adults, \$5 for children.

A presentation of the Simpich Marionette Theater's A Christmas Carol, is scheduled for the Broadmoor through Dec. 29, Fridays through Tuesdays. Tickets are \$10 per person. The show is not recommended for children younger than 5 years old. For reservations, call 577-5747.

Breakfast with Santa from 9:30 to 10:30 a.m. Saturday and Dec. 29, and 10 to 11 a.m. Dec. 12 at The Broadmoor. The cost is \$15 per person. Call 577-5733 for information.

Deck the Hall, featuring a 200-handbell choir and a 100-voice chorale, performs at 7:30 p.m. Dec. 10 and 11. Presented by the Colorado Springs Chorale at Pikes Peak Center, 190 S. Cascade Ave., tickets are \$10.50 to \$16.50. Santa will be in the lobby and free cookies and ginger ale will be served. Call 520-7469 for reservations.

Disney on Ice, Happily Ever After, 7:30 p.m., Dec. 10 through 12, and noon and 3:30 p.m., Dec. 12, and 1 and 5 p.m. Dec. 13 at McNichols Arena at Denver. Tickets start at \$10.50. Call 303 830-TIXS or 520-9090.



A Christmas Carol is presented by Theatreworks, at the University of Colorado, Colorado Springs, at 7:30 p.m., Mondays through Saturdays, and 4 p.m. Sundays, Dec. 17 to 24. Call 262-3232 for information and tickets

Santa's Workshop at North Pole is open through Christmas Eve for last-minute visits to Santa. The theme park is ideal for a Christmastime visit, as the colorful Swiss-village style buildings and Christmas decorations are especially appropriate with snow on the ground. There's a sleigh near the entrance which makes a great setting for a family Christmas portrait. Be sure to take the children by Santa's house for an update to their Christmas wish list. If the Christmas spirit hasn't yet hit you, this is a good place to get a good dose of it. It's hard to resist the Christmas shops, elves and constant Christmas music wafting throughout the park. A cup of hot chocolate at Mother Hubbard's will top off the day. If you haven't yet mailed those Christmas cards, take them along and post them



Courtesy photo

Miramont Castle in Manitou Springs is outlined in lights for its Victorian Christmas celebration.

Community Events ACS

The Family Member Employment Assistance Program offers a Standard Form 171 and Optional Form 612 workshop Wednesday and Dec. 20 from 1 to 3 p.m. These forms are basic federal employment applications. The workshop provides insight into completing applications and general hints about the most effective ways to describe professional experience. To register or for more information, call 526-0452.

The Family Member Employment Assistance Program holds a resume workshop Dec. 16 from 1 to 3 p.m. The workshop covers a variety of resume styles. For registration and information, call 526-0452.

The Army Community Service Loan Closet is in need of cookware and various items for the approaching holiday season. Items needed are: cookie sheets, large baking pans, large casserole dishes, roasting pans, mixing bowls, muffin pans, measuring cups, serving platters, potato mashers and turkey basters. All donations are greatly appreciated and help to better serve families relocating to Fort Carson.

There are two drop-off points: the welcome center, building 1218 and ACS, building 1526. For more information, call 526-0349.

ACS is looking for volunteers for the Volunteer Income Tax Assistance program. Volunteers would work under the direction of the Legal Assistance Center at the Staff Judge Advocate office and must attend one week of Internal Revenue Service training in January. A competency examination must be passed in order to volunteer as an income tax preparer. Assistance is also needed in the reception center to screen clients and verify documents. For more information, call 526-4590.

The Financial Readiness Program offers a class on financial planning for first-term soldiers Dec. 11 from 9 to 11:30 a.m. FRP also offers a check-book management class. Both classes are held in the ACS building. For more information, call 526-4590.

Youth

Fort Carson Child and Youth Services presents a holiday dance recital Saturday at 4 p.m. in McMahon Auditorium. Fort Carson children, ages 3 to 13, will perform solos, ensemble pieces and duets. Admission is free. For more information, call 526-4629.

School of the Arts dance classes are held in Beacon Primary School's dance room on Tuesdays. Beginning Ballet and Tap (ages 3 to 6) is held from 3:30 to 4:30 p.m. Intermediate/Advanced Ballet, Tap and Jazz (ages 6 and over) is held from 4:30 to 5:30 p.m. School of the Arts also holds gymnastics and tae kwon do classes.

For more information or to register or inquire about other programs, call 526-3677 or 526-1100. For information on future productions, call the special events line at 526-3677.

Miscellaneous

The Fort Carson Martin Luther King Jr./Black History month celebration committee meets every Thursday at 1 p.m. at the Post Physical Fitness conference room. For more information, call 526-3385.

Fort Carson's Grant Library offers many books on topics such as Christmas history and folklore and holiday decoration, cooking and crafts. For more information, call 526-2350.

The Fort Carson Thrift Shop has moved to building 1008 and is now open. Any request for charitable funds are to be turned in by Jan. 15. The shop will have its grand opening at 10 a.m. Jan. 6.

The Directorate of Public Works begins road construction Dec. 8 and 9 at 9 a.m. on Barkeley Avenue, between O'Connell Boulevard and Prussman Boulevard and South Specker Avenue between Khe Sanh Street and Barkeley Avenue. For more information, call 526-9210.

Road and parking lot construction is underway at the intersection of Specker Avenue and Prussman Boulevard and also at Manhart Field. Construction will be complete within a few weeks, weather permitting. For more information, call 526-9235.

The 1998 Military mail and International Christmas dates to make sure greeting cards and gifts arrive on time mail are:

Saturday for U.S. domestic zips.

Dec. 10 for Air letter or cards to Australia or New Zealand, the Caribbean, Europe, Far East or Southeast Asia, Canada and the Middle East.

Dec. 10 for air parcel post packages.

The 4th Engineer's Family Support Group offers a gift wrapping booth at the Post Exchange Dec. 12 from noon to 5 p.m. All donations will be use to provide gifts from Santa to the children during the FSG Christmas party. For more information, call 390-7877.

The Fort Carson Community Food Locker, located in the Little House in the Rockies, has Santa suits for rent. The suits are \$15 with a refundable cleaning deposit of \$5. All proceeds from the rentals will aid in stocking the food locker for the holidays. The house is open Tuesday through Thursday from 10 a.m. to 2 p.m. For more information, call 526-2303.

The Fort Carson Single Parent group wraps presents at the Post Exchange Dec. 15. The group is raising money for its general fund for the year.

The Fort Carson Safety Office is now located in building 1550. For more information, call 526-5914.

Army Career and Alumni Program presents a national apprenticeship program informational workshop Wednesday at 10 a.m. in building 1118, room 133. The workshop covers current available nationwide positions. For more information, call 526-1002.

The General Services Administration Federal Supply Services hosts a free seminar Tuesday from 9 a.m. to 2 p.m. at the Elkhorn Conference Center. Cardholders and approving officials are welcome and urged to attend. For more information, call Jonie Jackson 526-6597.

Anyone interested in sending mail to service members in Bosnia can use one of the addresses below:

To any Army, Navy, Air Force or Marine person assigned on shore:

Any Servicemember
Operation Joint Guard
APO AE 09397-0001

To any Navy or Marine person assigned aboard ship:

Any Servicemember
Operation Joint Guard
FPO AE 09398-0001

The Adoption Connection is accepting applications for families interested in adopting children, from newborns to 12-year-olds. The AC is a licensed, nonprofit child placement agency. For more information, call 442-6880.

Pikes Peak Hospice invites the community to its Tree of Life celebration at Acacia Park, downtown Colorado Springs, Saturday beginning at 4:30 p.m. The celebration will open with holiday music from Holy Cross Lutheran Brass Quintet. A \$10 gift lights a light on one of the Trees of Life. A gift of \$35 lights a bulb and includes a second edition, etched, beveled glass "Tree of Life" ornament. Proceeds assist Pikes Peak Hospice in providing comfort and expert care to terminally ill people and their families. For more information, call 633-3400.

The Salvation Army is in need of bell ringers for the holiday season. Various shifts are available seven-days-a-week. Proceeds from the kettle program go back into the community by reaching out to the needy and homeless. For more information, call Star Atchison or Bob Robinson at 636-3891 ext. 21.

The Salvation Army hosts a Community Holiday Dinner Christmas Day from 11 a.m. to 3 p.m. at the following locations: The Central Odd Fellows' Hall, 575 S. Union Blvd., The West Odd Fellows' Hall, 2228 W. Pikes Peak Ave., Marian House Soup Kitchen, 14 W. Bijou St. and The Fountain Valley Senior Center, 5745 Southmoor Drive.

Admission is free.

The Sunrise Lions Club is selling permits to cut Christmas trees in the area north of Penrose Friday, Saturday and Sunday. The permits cost \$10 and will be sold on-site on a first come first served basis. The pine and juniper trees range from 4 to 8 feet tall. To get to the area, take Colorado highway 115 north of Penrose to 3rd Street, turn left and go approximately one-third of a mile to "E" Street and turn right. Follow the Lions Club signs north 3.5 miles to the Christmas tree area.



A BOSS food drive is underway for the Fort Carson community and Little House in the Rockies.

Items needed are old and new toys and canned and dry goods.

The outdoor recreation center is selling BOSS T-shirts.

For more information, call Spc. Mindy Dougherty at 524-BOSS.

Military Briefs

The Commanding General's Newcomers' Expo and Briefing is scheduled for Dec. 11 from 1 to 3:15 p.m. at the Elkhorn Conference Center. Spouses are welcome and child care should be pre-arranged by calling 526-5977. This briefing is mandatory for all newly assigned soldiers and officers to Fort Carson. Duty uniform is mandatory.

The Colorado Army National Guard is recruiting warrant officers in the following military occupational specialties: 131 targeting officer, 180 special forces assistant detachment commander, 420 military personnel technician, 915 maintenance technician and 920 supply/property book technician. These positions are for traditional guardsmen only. Interested warrant officers should call (800) 762-4504 ext. 3174 or (303) 397-3174.

The following are upcoming classes offered by the Directorate of Logistics:

- Forklift Safety Training, Tuesday and Jan. 6.
- Driver Examiner Course, March 8.
- Bus Driver Course, Jan. 25.

See your unit training noncommissioned officer to schedule classes with Individual Military Training.

Regional Training Support Center's MILES equipment no longer comes with batteries. Units are responsible for ordering batteries to support their training. Batteries for vehicle systems are six-volt Lantern Carbon Zinc, \$18.52 for a package of 12, NSN 6135-00-643-1310. Batteries for personnel and small arms systems are nine-volt Alkaline, \$10 for a package of 12, NSN 6135-00-900-2139. the batteries are available in the federal supply system. For more information, call 526-0820.

The 3rd Cavalry Association is now recruiting volunteers to work in the museum gift shop. Shifts will be no more than two hours. For more

information, call 526-1368.

A board for Officer Candidate School is to be conducted at Personnel Command, Alexandria, Va., March 22 to 26, 1999. The local board is Jan. 18 through 22. All applicants are required to attend and must wear Class As. Applicants should be prepared to appear before the board members at 10 a.m., Jan. 18. All packets must be received by the 4th Personnel Services Battalion, Personnel Actions Branch, building 1118, room 317, by Jan 4. For more information, call Spc. Jeanette Newell at 526-4039 or 526-1906.

Effective Jan. 1, all federal payments are made via electronic funds transfer. This rule is a result of the Debt Collection Improvement Act of 1996 and it will affect Army vendors and all soldiers and Department of the Army civilians.

The 104th Division (Institutional Training), a Reserve division headquartered in Vancouver, Wash., has openings for Reserve drill sergeants in Washington, Oregon and California, and openings for Reserve instructors in a variety of military occupational specialties throughout the 12 western states. The 104th Div. will train soldiers to become drill sergeants or instructor-qualified. Soldiers leaving active duty who wish to continue their military careers part-time are encouraged to inquire. If interested, contact the Division Retention Office at (800) 517-8379 ext. 4182, 4183 or 4184.

The Abandoned Vehicle Sales and Salvage Lot, office located in building 3660, closes at 11:30 a.m. Dec. 18 for its Christmas party.

General Eric K. Shinseki was sworn in as the 28th vice chief of staff of the U. S. Army Nov. 24. He replaces Gen. William W. Crouch who served as the vice chief since Sept. 1997.

The office of the Staff Judge Advocate is closed Dec. 10 for sergeant's time, holiday party and Mountain Post Time.

The office of the Inspector General is closed

from 11:30 a.m. to 3 p.m. Dec. 17 for a holiday party. Office hours during the holiday schedule will be from 7:30 a.m. to 4 p.m.

Nominations are now being accepted for the Fort Carson Safety Officer and the Fort Carson Safety Noncommissioned Officer of the Year Awards. Commanders or directors should nominate brigade, battalion, directorate or company level additional duty safety officers and safety NCOs for consideration. Nominating criteria includes: six months in position, an innovative safety program implemented within the activity, timely submission of accident reports, other achievements relating to the enhancement of safety on Fort Carson, reduction of unit accident rates and positive Standard Army Safety Occupational Health Inspection results. The Safety Awards Board selects proposed winners for the commander's approval. Winners are awarded a Certificate of Merit for Safety, signed by the commanding general, and a gift.

The 68th Corps Support Battalion Ammunition Supply Point is closed for inventory Dec. 7 through 11. The only transactions permitted during this time are commercial shipments, processing of ammunition request and reconciliations. For more information, call 1st Lt. Benjamin Sheehan at 526-8620.

Fraud, waste, abuse hotline

The Fort Carson Criminal Investigation Command has begun full operation of its

Fraud, Waste and Abuse Hotline. The hotline allows members of the community to report incidents of suspected fraud, waste and abuse.

To report suspected cases of fraud against the government, **call the hotline at 524-1120.** Callers can remain anonymous and all information is confidential. Callers must, however, leave enough information about the incident for a follow-up investigation.

Sports & Leisure Athletics

The Fort Carson Mountaineers women's varsity basketball team continues play in the Colorado Springs City League Wednesday, at Panarama Middle School at 8 p.m. against "Sucking Air."

The Mountaineers men's team will return to action against Peterson Air Force Base Thursday at Garcia Physical Fitness Center. That will be the second game of a doubleheader featuring the post women's team meeting Peterson Air Force Base in the first game beginning at 6 p.m.

Forrest Fitness Center will sponsor its quarterly racquetball tournament Jan. 11 to 14.

The tournament is open to the Colorado Springs military community, active duty and family members older than 16, retirees and Department of Defense civilians. The double elimination tournament has no entry fee. Categories are Men A/B/C, Women and Mixed Doubles. There will be awards for first and second places.

Tickets for the Colorado Gold Kings professional hockey team and the Colorado College Tigers hockey team are currently on sale at the Information, Tour and Travel office.

Tickets for either team's games are \$12 per per-

son and are available for all home games for the both teams at the World Arena. For more information on the Gold Kings, tune into Hot Talk 1460 on your AM radio dial. For more information on the Tigers, tune to "The Jock" 1240 on your AM radio dial.

The Fort Carson Outdoor Adventure Program offers cross-country skiing excitement this year with winter-hut trips.

In recent years, there has been an increase in the number of visitors to the backcountry huts of Colorado to cross-country ski. The post OAP is offering late-season trips to the Lost Wonder Hut that sits just below Monarch Pass.

The trail to the hut covers some intermediate terrain and will require the participant to have had some exposure to back country skiing. To help potential participants acquire the knowledge needed to successfully complete this trip, the OAP staff has added a beginning telemark ski class to this season's program list.

The class is suited to the cross-country skier who wants to take their skill to the next level. The first class is scheduled to be held Dec. 11, with the first trip slated for Dec. 13. For more information, call 526-2083.

The Information Tour and Travel office has a number of overnight ski trips planned for this year.

ITT will offer trips to Frisco, Copper Mountain and Keystone. This will be a 4 night, day trip. The cost for the trip will vary so contact ITT at 526-5366 for more information.

Families can begin the tradition of cutting their own Christmas tree in a Rocky Mountain forest beginning Dec. 8, during a trip sponsored by the ITT office.

The harvesting trip includes transportation to the forest, saws and guides. Families can enjoy the day and find their own tree. Cost is \$15 per tree and \$5 per family member, though prices will not exceed \$30 per family. For more information, call 556-4867.

Forrest Fitness Center offers two classes in January for people interested in becoming American Aerobic Association/American Sports Medicine fitness instructors.

On Jan. 9, the center offers a class on master step certification, and on Jan. 10, the center offers a class on Sports Nutrition from 9 a.m. to 5 p.m. For more information on the classes or to register, call Mel Sharpe at 683-4758.

The outdoor recreation center holds a kayak clinic Saturday at the indoor swimming pool from 6 to 7 p.m. For more information, call OAP at 526-2083 or ITT at 526-5366.

If working out in the morning is your thing, Garcia Physical Fitness Center has the program for you. A free aerobics class is held each Monday, Wednesday and Friday from 9 to 10 a.m. Children are welcome to the class. Get an early jump on the holiday season by working out with the morning step-aerobics program. For more information, call 526-3944 or 526-5785.

Get Out!

Native American dances

Koshare Winter Ceremonials are held at the Koshare Museum in La Junta, Dec 27 through 30, at 7 p.m., and on Dec. 32, at 4 p.m. Admission is \$4 for adults and \$3 for students. The Koshare dances are performed by a troop of Boy Scouts in La Junta, who are known internationally for their authentic dances. The performances are very popular and usually only performed in summer. But

because of school vacation, the troop performs the winter series. The museum will be open on show days. The Kiva where the dances are performed is inside the museum, and seating is limited. The Koshare Indian Museum is located on the campus of Otero Junior College. Off Highway 50 in La Junta, take Colorado Avenue south to 18th Street, then go one block west. La Junta is east of Pueblo on Highway 50.

Mother's day in December

Celebrate Mother's Day, Panama style, at King's Palace, 2815 E. Platte Ave (corner of Circle and Platte). The celebration is Sunday, beginning at 5 p.m. with Panamanian dancing demonstrations.

Bring your favorite folklore dish, your family and celebrate mother's day. Everyone is welcome. There's no cover charge.

Entertainment at the airport

Holiday season at the airport includes performing groups. Tonight, at 7:15 p.m., the Vista Grande Baptist Choral performs. Dec. 11, The Rainbow Kids perform from 4 to 8 p.m., and Dec. 21,

Colorado Springs Children's Chorale performs at 1 p.m.

Cinderella

The Rodgers and Hammerstein version of "Cinderella" is at the Fine Arts Center, weekends through Dec. 20. Tickets are \$18 in advance or \$20 at the door. Call 634-5583 for ticket information. Friday and Saturday performances are at 8 p.m., and Sunday at 2 p.m.

Free concerts

The Colorado College music department presents free December concerts. The Colorado College Choir performs tonight, 7:30 p.m., in Shove Chapel.

The Colorado College Jazz Ensemble performs Tuesday at 7:30 p.m. in Packard Hall.

The Colorado College Musicum, consisting of 16 singers and eight wind instrumentalists, performs Dec. 13 at 3 p.m. in Packard Hall.

The Colorado College Chamber Orchestra and Chamber Chorus performs Dec. 15, at 7:30 p.m. in Packard Hall.

Arts and Crafts sale

The work of 70 artists will be featured in the 18th annual arts and crafts sale Saturday from 10 a.m. to 5 p.m. in the Worner Campus Center at Colorado College.



Panamanian dancers perform at the Panama-style Mother's Day celebration Sunday.

Courtesy photo